



COURSE TITLE	: Train the Trainer	COURSE CODE	: TTT1
COURSE DURATION	: 5 day(s) / 32.25 hour(s)	COURSE LEVEL	: Basic
COURSE CATEGORY	: Competency	EXAMINATION FEE	: RM200.00
HRDF SCHEME	: SBL		
COURSE FEE	: RM1,378.00 (inclusive of SST)		

1. OBJECTIVE(S):

At the end of the course, the participant will be able to:

- i. Work effectively in education and training
- ii. Foster and promote an inclusive learning culture.
- iii. Ensure a healthy and safe learning environment.
- iv. Undertake organisational training needs analysis.
- v. Use training packages to meet client needs.
- vi. Provide training through instruction and training in work skills.
- vii. Plan and organise assessment.
- viii. Assess competence.

2. TARGET GROUP(S):

- i. This course designed for persons involved in the development, planning and delivery of OSH competency based workplace training courses.

3. ENTRY REQUIREMENT(S):

- i. Computer literacy.

4. TOPIC(S):

- i. The training environment.
- ii. Conduct training needs analysis.
- iii. Design and develop OSH competency based training programme.
- iv. Conduct OSH competency based training programme.
- v. Assess competence.

5. LIST OF REFERENCE BOOK(S):

- i. -



INSTITUT KESELAMATAN DAN KESIHATAN PEKERJAAN NEGARA
NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH

KURIKULUM KURSUS

COURSE CURRICULUM

TEL : 03 – 8769 2100 FAX : 03 – 8926 2900

URL : www.niosh.com.my





6. LIST OF TEACHING AID(S):

- i. LCD Projector
- ii. Computer
- iii. White board with accessories
- iv. Flip chart with accessories

7. LIST OF CLASSROOM ACTIVITIES:

- i. -

Last updated on 7th January 2014 by PDD

 	NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH			
	COURSE SCHEDULE			
	No. Dokumen	No. Pindaan	Tarikh	Muka Surat
NIOSH-PDD-CS-TT1	00	13 Feb 2012	1 / 3	



COURSE TITLE: TRAIN THE TRAINER

DAY ONE

TIME	HOUR	TOPICS	TRAINER / FACILITATOR
0845 - 0900	0.25	Introduction	NIOSH
0900 - 1030	1.50	Work Effectively in Education and Training	
1030 - 1045	0.25	MORNING TEA BREAK	
1045 - 1300	2.25	Foster and Promote an Inclusive Learning Culture	
1300 - 1400	1.00	LUNCH	
1400 - 1530	1.50	Ensure a Healthy and Safe Learning Environment	
1530 - 1545	0.25	AFTERNOON TEA BREAK	
1545 - 1700	1.25	Workshop	
	6.50	END OF DAY ONE	

DAY TWO

TIME	HOUR	TOPICS	TRAINER / FACILITATOR
0900 - 1030	1.50	Undertake Organisational Training Needs Analysis	
1030 - 1045	0.25	MORNING TEA BREAK	
1045 - 1300	2.25	Continuation	
1300 - 1400	1.00	LUNCH	
1400 - 1530	1.50	Continuation	
1530 - 1545	0.25	AFTERNOON TEA BREAK	
1545 - 1700	1.25	Workshop	
	6.50	END OF DAY TWO	


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DAY THREE

TIME	HOUR	TOPICS	TRAINER / FACILITATOR
0900 - 1030	1.50	Provide Training Through Instruction and Demonstration of Work Skills	
1030 - 1045	0.25	MORNING TEA BREAK	
1045 - 1300	2.25	Continuation	
1300 - 1400	1.00	LUNCH	
1400 - 1530	1.50	Plan and Organise Assessment and Assess Competence	
1530 - 1545	0.25	AFTERNOON TEA BREAK	
1545 - 1700	1.25	Workshop	
	6.50	END OF DAY THREE	

DAY FOUR

TIME	HOUR	TOPICS	TRAINER / FACILITATOR
0900 - 1030	1.50	Preparation for Practical Training and Assessment Workshop	
1030 - 1045	0.25	MORNING TEA BREAK	
1045 - 1300	2.25	Continuation	
1300 - 1400	1.00	LUNCH	
1400 - 1530	1.50	Practical Training and Assessment Workshop	
1530 - 1545	0.25	AFTERNOON TEA BREAK	
1545 - 1700	1.25	Continuation	
	6.50	END OF DAY FOUR	

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DAY FIVE

TIME	HOUR	TOPICS	TRAINER / FACILITATOR
0900 - 1030	1.50	Practical Training and Assessment Workshop	
1030 - 1045	0.25	MORNING TEA BREAK	
1045 - 1245	2.00	Continuation	
1245 - 1400	1.25	LUNCH	
1400 - 1530	1.50	Continuation	
1530 - 1545	0.25	AFTERNOON TEA BREAK	
1545 - 1700	1.25	Documentation Submission	
	6.25	END OF THE COURSE	

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