#### INSTITUT KESELAMATAN DAN KESIHATAN PEKERJAAN NEGARA

NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH



COURSE CURRICULUM

TEL: 03 - 8911 3800 FAX: 03 - 8926 3900

URL: www.niosh.com.my



COURSE DURATION: 5-day(s) / 28.50-hour(s) COURSE CODE: IET

COURSE CATEGORY: Competency COURSE LEVEL: Basic

**HRD CORP SCHEME**: Claimable **VALIDITY**: 2 years

COURSE FEE : RM2,322.00 (inclusive of 8% SST) EXAMINATION FEE : RM350.00

TOTAL FEE : RM2,672.00 (inclusive of 8% SST)

### 1. OBJECTIVE(S):

At the end of the course, the participant will be able to:

i. Understand the regulation requirement;

ii. Identify hazards prior and during entry into the inert condition;

iii. Be familiar with common inert entry equipment used;

iv. Understand the safe operational procedure & simulation;

v. Understand the emergency and rescue plan during operations and the basic CPR procedures to be taken in the event of an emergency; and

vi. Be certified as A Competent Inert Entry Worker.

#### 2. TARGET GROUP(S):

- i. For those who are going to work in inert condition.
- ii. Interested worker / parties.

#### 3. ENTRY REQUIREMENT(S):

- i. Already attended the course and passed the assessment for AESP/ AGT for Confined Space; **AND**
- ii. Possesses a medical health fitness certificate issued by OHD as stipulated in legislation or equivalent.

#### 4. TOPIC(S):

- i. Regulatory Requirements.
- ii. Lesson Learnt.
- iii. Hazards of Responsibilities.
- iv. PTW Requirements.
- v. Operational Procedure.
- vi. Safe handling Of Catalyst.
- vii. Regulatory Requirements.
- viii. Inert Entry Equipment.
- ix. Emergency and Rescue Plan.

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#### NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH

#### KURIKULUM KURSUS

COURSE CURRICULUM

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x. Basic/ Administer CPR.

# 5. LIST OF REFERENCE BOOK(S):

- Occupational Safety and Health Act 1994.
- ii. Industry Code of Practice for Safe Working in a Confined Space 2010.

### 6. LIST OF TEACHING AID(S):

- i. LCD projector.
- ii. Computer.
- iii. White board with accessories.
- iv. Flip chart with accessories.
- v. Manikin for CPR.

### 7. LIST OF CLASSROOM ACTIVITIES:

- i. Lecture.
- ii. Video learning session.
- iii. Demonstration and practical.

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# COURSE TITLE: INERT SPACE ENTRY TRAINING

### **DAY ONE**

| TIME        | HOUR | TOPIC   | TRAINER / FACILITATOR |
|-------------|------|---|-----------------------|
| 0830 - 0900 | 0.50 | Registration and Course Briefing  | NIOSH                 |
| 0900 - 1030 | 1.50 | Course Introduction<br>Chapter 1 - Regulatory Requirements                        |                       |
| 1030 - 1045 | 0.25 | MORNING TEA BREAK   |                       |
| 1045 - 1230 | 2.75 | Continuation  |                       |
| 1230 – 1400 | 1.50 | LUNCH   |                       |
| 1400 - 1530 | 1.50 | Chapter 2 • Lessons learnt • Definitions • Hazards of inert space • Other hazards |                       |
| 1530 - 1545 | 0.25 | AFTERNOON TEA BREAK   |                       |
| 1545 - 1700 | 1.25 | Continuation  |                       |
|             | 6.00 | END OF DAY ONE  |                       |

# **DAY TWO**

| TIME        | HOUR | TOPIC  | TRAINER / FACILITATOR |
|-------------|------|--|-----------------------|
| 0900 - 1030 | 1.50 | Chapter 3 • Roles and responsibilities • PTW requirement • Operational procedure • Safe handling of catalyst |                       |
| 1030 - 1045 | 0.25 | MORNING TEA BREAK  |                       |
| 1045 - 1230 | 1.75 | Continuation   |                       |
| 1230 - 1400 | 1.50 | LUNCH  |                       |
| 1400 - 1530 | 1.50 | Chapter 4 - Inert Entry Equipment  |                       |
| 1530 - 1545 | 0.25 | AFTERNOON TEA BREAK  |                       |
| 1545 - 1700 | 1.25 | Continuation   |                       |
|             | 6.00 | END OF DAY TWO   |                       |

COURSE SCHEDULE NIOSH MALAYSIA



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# **DAY THREE**

| TIME        | HOUR | TOPIC   | TRAINER / FACILITATOR |
|-------------|------|---|-----------------------|
| 0900 - 1030 | 1.50 | Chapter 5 - Emergency and Rescue Pelan<br>Procedure |                       |
| 1030 - 1045 | 0.25 | MORNING TEA BREAK                                   |                       |
| 1045 - 1230 | 1.75 | Continuation  |                       |
| 1230 - 1400 | 1.50 | LUNCH   |                       |
| 1400 - 1530 | 1.50 | Chapter 6 - Administer CPR                          |                       |
| 1530 - 1545 | 0.25 | AFTERNOON TEA BREAK                                 |                       |
| 1545 - 1700 | 1.25 | Continuation  |                       |
|             | 6.00 | END OF DAY THREE                                    |                       |

# **DAY FOUR**

| TIME        | HOUR | TOPIC  | TRAINER / FACILITATOR |
|-------------|------|--|-----------------------|
| 0900 - 1030 | 1.50 | Demonstration and practical of Inert Entry Equipment |                       |
| 1030 - 1045 | 0.25 | MORNING TEA BREAK                                    |                       |
| 1045 - 1230 | 1.75 | Continuation   |                       |
| 1230 - 1400 | 1.50 | LUNCH  |                       |
| 1400 - 1600 | 2.00 | Continuation   |                       |
| 1600 - 1615 | 0.25 | AFTERNOON TEA BREAK                                  |                       |
| 1615 - 1715 | 1.00 | Examination (Paper 1)                                | ECD                   |
|             | 5.25 | END OF DAY FOUR                                      |                       |

COURSE SCHEDULE NIOSH MALAYSIA



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# **DAY FIVE**

| TIME        | HOUR | TOPIC  | TRAINER / FACILITATOR |
|-------------|------|--|-----------------------|
| 0900 - 1000 | 1.00 | Paper 2: Case Study  |                       |
| 1000 - 1015 | 0.25 | MORNING TEA BREAK  |                       |
| 1015 - 1215 | 2.00 | Paper 3: Inert Space Entry Simulation /<br>Emergency & Rescue Simulation |                       |
| 1215 - 1430 | 2.25 | LUNCH  |                       |
| 1430 - 1530 | 1.00 | Continuation   |                       |
| 1530 - 1545 | 0.25 | AFTERNOON TEA BREAK  |                       |
| 1545 - 1700 | 1.25 | Wrap Up and Closing  |                       |
|             | 5.25 | END OF THE COURSE  |                       |

COURSE SCHEDULE NIOSH MALAYSIA