INSTITUT KESELAMATAN DAN KESIHATAN PEKERJAAN NEGARA

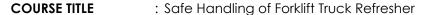
NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH



COURSE CURRICULUM

TEL: 03 - 8911 3800 FAX: 03 - 8926 3900

URL: www.niosh.com.my



COURSE DURATION: 1-day(s) / 7.00-hour(s) **COURSE CODE**: SHFTR

COURSE CATEGORY : Competency COURSE LEVEL : Intermediate

HRD CORP SCHEME : Claimable VALIDITY : 3 years

COURSE FEE : RM324.00 (inclusive of 8% SST)

1. OBJECTIVE(S):

At the end of the course, the participant will be able to:

i. Identify the causes and effects of accidents involving forklift.

ii. Conduct daily safety, performance and maintenance inspections on the forklift trucks.

iii. Drive forklift safely.

2. TARGET GROUP(S):

i. Forklift Truck Drivers.

ii. Production Supervisors.

iii. Maintenance Supervisors.

iv. Forklift Truck Mechanics/ Technicians.

v. Safety and Health Supervisors.

3. ENTRY REQUIREMENT(S):

i. Attended and passed NIOSH Safe Handling of Forklift Truck (SHFT) competency training programme.

4. TOPIC(S):

i. Safe Operation of Forklift.

ii. Forklift Truck Component & Stability.

iii. Practical Session.

5. LIST OF REFERENCE BOOK(S):

i. Occupational Safety and Health Act 1994.

ii. Factories and Machinery Act 1967.

iii. Road Transport Act 1987.

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6. LIST OF TEACHING AID(S):

- i. LCD projector.
- ii. Computer.
- iii. White board with accessories.
- iv. Flip chart with accessories.

7. LIST OF CLASSROOM ACTIVITIES:

- i. Lecture.
- ii. Practical session.

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NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH				
COURSE SCHEDULE				
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NIOSH-PDD-CS-SHFTR	PDD121213	3/3		

COURSE TITLE: SAFE HANDLING OF FORKLIFT TRUCK REFRESHER

DAY ONE

TIME	HOUR	TOPIC	TRAINER / FACILITATOR
0830 - 0900	0.50	Registration	NIOSH
0900 - 1000	1.00	Safe Operation of Forklift • Legal Requirements (OSHA 1994 & FMA 1967) • Accident at Workplace	
1000 - 1015	0.25	MORNING TEA BREAK	
1015 - 1145	1.50	Forklift Truck Component & Stability	
1145 - 1300	1.25	Safe Handling of Forklift Trucks	
1300 - 1400	1.00	LUNCH	
1400 - 1615	2.25	Forklift Practical Session Operational Inspection Steering Control Load / Unload Handling Checklist inspection in group	
1615 - 1630	0.25	AFTERNOON TEA BREAK	
1630 - 1730	1.00	Written Assessment	ECD
	7.00	END OF THE COURSE	

COURSE SCHEDULE NIOSH MALAYSIA