



COURSE TITLE	: Sarawak Energy Safety Passport (Remote Learning)		
COURSE DURATION	: 1-day(s) / 7.00-hour(s)	COURSE CODE	: SESP-RL
COURSE CATEGORY	: Induction	COURSE LEVEL	: Basic
HRD CORP SCHEME	: Claimable	VALIDITY	: 3 years
COURSE FEE	: RM 212.00 (inclusive of 6% SST)		

1. OBJECTIVE(S):

At the end of the course, the participant will be able to:

- i. Cultivate the safety-first attitude, which is to elevate safety and health at the workplace to the same level as other business functions in the industry and to practice it at the highest standard possible.
- ii. Recognise the hazards and risks present in the electric utilities industry, and the precautionary and control measures necessary to ensure safe and health working conditions, hence minimizing accidents at the workplace.

2. TARGET GROUP(S):

- i. Employees and contractor workers working with Sarawak Energy and subsidiaries.

3. ENTRY REQUIREMENT(S):

- i. None (advantages if the participant is able to understand Bahasa Melayu/ English).
- ii. Must have device (Computer, Laptop or Tablet) to participate in e-learning platform. The use of mobile phones is NOT PERMITTED; **AND**
- iii. Must have good internet connection; **AND**
- iv. Zoom and Open Learning account registered with personal email.

4. TOPIC(S):

- i. Introduction.
- ii. OSH Legislations and Other Legal Requirements.
- iii. Hazard and Risk Control.
- iv. Accident Prevention and High Risks Activities.
- v. Sarawak Energy Life Saving Rules.

5. LIST OF REFERENCE BOOK(S):

- i. Occupational Safety and Health Act 1994.
- ii. Factories and Machinery Act 1967.
- iii. Environmental Quality Act 1974.
- iv. Employees' Social Security Act 1969.



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- v. Natural Resources and Environment Ordinance 1993.
- vi. The Electricity Ordinance Chapter 50 – (Revised 2007).
- vii. The Electricity Rules 1999.

6. LIST OF TEACHING AID(S):

- i. Computer/ Laptop.
- ii. Learning accessories.
- iii. E-Learning platform.

7. LIST OF CLASSROOM ACTIVITIES:

- i. Lecture.
- ii. Discussion.

 	NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH		
	COURSE SCHEDULE		
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COURSE TITLE: SARAWAK ENERGY SAFETY PASSPORT (REMOTE LEARNING)

DAY ONE

TIME	HOUR	TOPIC	TRAINER / FACILITATOR
0815 – 0830	0.25	Registration	NIOSH
0830 – 0900	0.50	Introduction	
0900 – 1000	1.00	Topic 1 - OSH Legislations and Other Legal Requirements	
1000 – 1015	0.25	BREAK	
1015 – 1030	0.25	Continuation	
1030 – 1045	0.25	Assessment	
1045 – 1215	1.50	Topic 2 - Hazard and Risk Control	
1215 – 1315	1.00	LUNCH BREAK	
1315 – 1330	0.25	Continuation	
1330 – 1345	0.25	Assessment	
1345 – 1500	1.25	Topic 3 - Accident Prevention and High Risks Activities	
1500 – 1515	0.25	BREAK	
1515 – 1530	0.25	Continuation	
1530 – 1545	0.25	Assessment	
1545 – 1645	1.00	Topic 4 - Sarawak Energy Life-Saving Rules	
1645 – 1700	0.25	Assessment	
	7.00	END OF THE COURSE	