



COURSE TITLE	: Sarawak Energy Safety Passport	COURSE CODE	: SESP
COURSE DURATION	: 1-day(s) / 8.00-hour(s)	COURSE LEVEL	: Basic
COURSE CATEGORY	: Induction	VALIDITY	: 3 years
HRD CORP SCHEME	: Claimable		
COURSE FEE	: RM265.00 (inclusive of 6% SST)		

1. OBJECTIVE(S):

At the end of the course, the participant will be able to:

- i. Cultivate the safety-first attitude, which is to elevate safety and health at the workplace to the same level as other business functions in the industry and to practice it at the highest standard possible.
- ii. Recognise the hazards and risks present in the electric utilities industry, and the precautionary and control measures necessary to ensure safe and health working conditions, hence minimizing accidents at the workplace.

2. TARGET GROUP(S):

- i. Employees and contractor workers working with Sarawak Energy and subsidiaries.

3. ENTRY REQUIREMENT(S):

- i. None (advantages if the participant is able to understand Bahasa Melayu/ English).

4. TOPIC(S):

- i. Introduction.
- ii. OSH Legislations and Other Legal Requirements.
- iii. Hazard and Risk Control.
- iv. Accident Prevention and High Risks Activities.
- v. Sarawak Energy Life Saving Rules.

5. LIST OF REFERENCE BOOK(S):

- i. Occupational Safety and Health Act 1994.
- ii. Factories and Machinery Act 1967.
- iii. Environmental Quality Act 1974.
- iv. Employees' Social Security Act 1969.
- v. Natural Resources and Environment Ordinance 1993.
- vi. The Electricity Ordinance Chapter 50 – (Revised 2007).
- vii. The Electricity Rules 1999.





6. LIST OF TEACHING AID(S):

- i. LCD projector.
- ii. Computer.
- iii. White board with accessories.
- iv. Flip chart with accessories.

7. LIST OF CLASSROOM ACTIVITIES:

- i. Lecture.
- ii. Discussion.

 	NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH		
	COURSE SCHEDULE		
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COURSE TITLE: SARAWAK ENERGY SAFETY PASSPORT

DAY ONE

TIME	HOUR	TOPIC	TRAINER / FACILITATOR
0800 - 0830	0.50	Registration	NIOSH
0830 - 0900	0.50	Introduction	
0900 - 1030	1.50	Topic 1 - OSH Legislations and Other Legal Requirements	
1030 - 1045	0.25	MORNING TEA BREAK	
1045 - 1100	0.25	Continuation	
1100 - 1115	0.25	Assessment	
1115 - 1245	1.50	Topic 2 - Hazard and Risk Control	
1245 - 1345	1.00	LUNCH	
1345 - 1400	0.25	Continuation	
1400 - 1415	0.25	Assessment	
1415 - 1530	1.25	Topic 3 - Accident Prevention and High Risks Activities	
1530 - 1545	0.25	AFTERNOON TEA BREAK	
1545 - 1630	0.75	Continuation	
1630 - 1645	0.25	Assessment	
1645 - 1745	1.00	Topic 4 - Sarawak Energy Life-Saving Rules	
1745 - 1800	0.25	Assessment	
	8.00	END OF THE COURSE	