# INSTITUT KESELAMATAN DAN KESIHATAN PEKERJAAN NEGARA

NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH



COURSE CURRICULUM

TEL: 03 - 8911 3800 FAX: 03 - 8926 3900

URL: www.niosh.com.my



COURSE DURATION: 1-day(s) / 8.00-hour(s)

COURSE CATEGORY: Induction

COURSE LEVEL: Basic

HRD CORP SCHEME: Claimable

VALIDITY: 3 years

**COURSE FEE**: RM270.00 (inclusive of 8% SST)

# 1. OBJECTIVE(S):

Upon completion of this programme, the participant will be able to:

- i. Cultivate the safety-first attitude, which is to elevate safety and health at the workplace to the same level as other business functions in the industry and to practice it at the highest standard possible.
- ii. Provide basic OSH training necessary for contractors' workers on the recognition of the hazards and risks present in the electric utilities industry, and the precautionary and control measures necessary to ensure safe and health working conditions, hence minimizing accidents at the workplace. The training also provides the necessary knowledge on legislation related to the safety and health at the workplace, specifically the Occupational Safety and Health Act 1994 and its Regulations & Electricity Supply Act 1990.

# 2. TARGET GROUP(S):

i. All TNB Contractors including Supervisors, Project Engineers, Project Managers and Project Directors.

# 3. ENTRY REQUIREMENT(S):

i. Able to read and write in Bahasa Melayu or English.

# 4. TOPIC(S):

- i. Introduction of OSH to Team Leader.
- ii. OSH Legislations System.
- iii. Management and Prevention of Accidents.
- iv. OSH Risk Management.
- v. Safe Work System.

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#### KURIKULUM KURSUS

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# 5. LIST OF REFERENCE BOOK(S):

- i. Occupational Safety and Health Act 1994.
- ii. Factories and Machinery Act 1967.
- iii. Electricity Supply Act 1990.
- iv. CIDB 1994.
- v. TNB Working At Height Guidelines.
- vi. TNB Working in Confined Space Guidelines.
- vii. TNB Permit To Work Guidelines.

# 6. LIST OF TEACHING AID(S):

- i. LCD projector.
- ii. Computer.
- iii. White board with accessories.
- iv. Flip chart with accessories.

# 7. LIST OF CLASSROOM ACTIVITIES:

- i. Lecture.
- ii. Discussion.

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# NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH COURSE SCHEDULE Document No. Revision No. Page NIOSH-PDD-CS-NTSLP PDD221221 3 / 3

# COURSE TITLE: NIOSH - TENAGA SAFETY LEADER PASSPORT

# **HARI PERTAMA**

MASA	JAM	TOPIK	PENCERAMAH
0800 - 0830	0.50	Pendaftaran	NIOSH
0830 - 0900	0.50	Pengenalan KKP Kepada Team Leader	
0900 - 1015	1.25	Topik 1 - Sistem Perundangan KKP	
1015 - 1030	0.25	MINUM PAGI	
1030 - 1145	1.25	Topik 2 - Pencegahan dan Siasatan Kemalangan	
1145 - 1300	1.25	Topik 3 - Pengurusan Risiko	
1300 - 1400	1.00	MAKAN TENGAH HARI	
1400 - 1545	1.75	Sambungan	
1545 - 1745	2.00	Topik 4 - Sistem Kerja Selamat	
1745 - 1815	0.50	Penilaian Bertulis	NIOSH
1815 - 1830	0.25	MINUM PETANG	
	8.00	TAMAT KURSUS	

COURSE SCHEDULE NIOSH MALAYSIA