



COURSE TITLE	: Effective Safety and Health Committee	COURSE CODE	: ESHC
COURSE DURATION	: 2 day(s) / 13.00 hour(s)	COURSE LEVEL	: Basic
COURSE CATEGORY	: Non-Competency		
HRDF SCHEME	: SBL		
COURSE FEE	: RM848.00 (inclusive of SST)		

1. OBJECTIVES:

At the end of the course, the participant will be able to:

- i. Explain the basic requirement of Occupational Safety and Health Act 1994.
- ii. Determine the provisions of the Safety and Health Committee Regulations 1996.
- iii. Determine Occupational Safety and Health (OSH) management concepts.
- iv. Determine efficient committee management.
- v. Determine effective workplace safety inspections.
- vi. Discuss accident trend and accident report.

2. TARGET GROUP(S):

- i. Managers/ Executives.
- ii. Safety and Health Officers.
- iii. OSH Practitioners.
- iv. Safety and Health Committee Members.
- v. Supervisors and all levels of workers.

3. ENTRY REQUIREMENT(S):

- i. -

4. TOPIC(S):

- i. Occupational Safety and Health Act 1994 (OSHA 1994).
- ii. Safety and Health Committee Regulations 1996.
- iii. Introduction to OSH Management.
- iv. Efficient Committee Management.
- v. Safety Inspection at the Workplace.
- i. Accident Investigation and Reporting

5. LIST OF REFERENCE BOOK(S):

- i. Occupational Safety and Health Act 1994 and Its Regulations.



INSTITUT KESELAMATAN DAN KESIHATAN PEKERJAAN NEGARA
NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH

KURIKULUM KURSUS

COURSE CURRICULUM

TEL: 03 – 8911 3800 FAX: 03 – 8926 3900

URL: www.niosh.com.my





6. LIST OF TEACHING AID(S):

- i. LCD Projector.
- ii. Computer.
- iii. White Board with accessories.
- iv. Flip Chart with accessories.

7. LIST OF CLASSROOM ACTIVITIES:

- i. -

Last updated on 01st June 2012 by PDD

 	NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH			
	COURSE SCHEDULE			
	No. Dokumen	No. Pindaan	Tarikh	Muka Surat
NIOSH-PDD-CS-ESHC	00	01 Jun 2012	1 / 1	

COURSE TITLE: EFFECTIVE SAFETY AND HEALTH COMMITTEE

DAY ONE

TIME	HOURL	TOPICS	TRAINER/ FACILITATOR
0815 – 0830		Registration	NIOSH
0830 - 0900	0.50	Introduction	
0900 - 1030	1.50	Occupational Safety and Health Act 1994	
1030 - 1045	0.25	MORNING TEA BREAK	
1045 - 1200	1.25	Safety & Health Committee Regulation 1996	
1200 - 1300	1.00	Introduction to OSH Management	
1300 - 1400	1.00	LUNCH	
1400 - 1530	1.50	Effective Safety & Health Committee Options for Exercise: <ul style="list-style-type: none"> • Policy Development/ Review • Safety and Health Committee Meeting 	
1530 - 1545	0.25	AFTERNOON TEA BREAK	
1545 - 1700	1.25	Continuation	
	6.50	END OF DAY ONE	

DAY TWO

TIME	HOURL	TOPICS	TRAINER/ FACILITATOR
0900 - 1030	1.50	Hazard Identification and Risk Assessment	
1030 - 1045	0.25	MORNING TEA BREAK	
1045 - 1130	0.75	Continuation (Spot the Hazards)	
1130 - 1200	0.50	Workplace Inspection	
1200 - 1300	1.00	Workplace Inspection (Practical)	
1300 - 1400	1.00	LUNCH	
1400 - 1500	1.00	Workplace Inspection (Presentation)	
1500 - 1530	0.50	Accident Investigation and Reporting	
1530 - 1545	0.25	AFTERNOON TEA BREAK	
1545 - 1700	1.25	Continuation	
1700 - 1715	0.25	Evaluation and Closing	NIOSH
	6.50	END OF THE COURSE	

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