



COURSE TITLE	: OSH & Environmental Management Programme		
COURSE DURATION	: 2 day(s) / 13.75 hour(s)	COURSE CODE	: OSHE
COURSE CATEGORY	: Non-Competency	COURSE LEVEL	: Basic
HRDF SCHEME	: SBL		
COURSE FEE	: RM848.00 (inclusive of SST)		

1. OBJECTIVES:

At the end of the course, the participant will be able to:

- i. Understand the scope of OSH and the Environment (OSHE) in the organisation.
- ii. Comprehend the reasons why OSHE has to be managed.
- iii. Analyse the sources of OSHE harm and their effects.
- iv. Choose the appropriate way of managing OSHE hazards.

2. TARGET GROUP(S):

- i. Managers/ Executives.
- ii. Safety and Health Officers.
- iii. OSH Practitioners.
- iv. Safety and Health Committee Members.
- v. Supervisors and all levels of workers.

3. ENTRY REQUIREMENT(S):

- i. -

4. TOPIC(S):

- i. Introduction.
- ii. Overview of Management Systems, Legal and other Requirements.
- iii. HIRARC & JSA.
- iv. Environmental Aspect and OSH Hazard Identification.
- v. OSHE Risk and Impact Assessment.
- vi. Water Pollution Control.
- vii. Air pollution Control.
- viii. Introduction to Scheduled Waste Management.
- ix. OSHE Objective Setting and Programme Development.
- x. Monitoring and Enforcement.
- xi. Emergency Response and Spill Control.

5. LIST OF REFERENCE BOOK(S):

- i. -



INSTITUT KESELAMATAN DAN KESIHATAN PEKERJAAN NEGARA
NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH

KURIKULUM KURSUS

COURSE CURRICULUM

TEL: 03 – 8911 3800 FAX: 03 – 8926 3900

URL: www.niosh.com.my




6. LIST OF TEACHING AID(S):

- i. LCD Projector.
- ii. Computer.
- iii. White Board with accessories.
- iv. Flip Chart with accessories.

7. LIST OF CLASSROOM ACTIVITIES:

- i. -

Last updated on 20th April 2015 by PDD

	NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH			
	COURSE SCHEDULE			
	No. Dokumen	No. Pindaan	Tarikh	Muka Surat
NIOSH-PDD-CS-OSHE	00	01 Mar 2019	1 / 1	

COURSE TITLE: OSH AND ENVIRONMENTAL MANAGEMENT PROGRAMME

DAY ONE

TIME	HOUR	TOPICS	TRAINER/FACILITATOR
0830 - 0900	0.50	Registration	NIOSH
0900 - 1000	1.00	1.1 Introduction	
1000 - 1015	0.25	MORNING TEA BREAK	
1015 - 1115	1.00	Continuation	
1115 - 1215	1.00	1.2 Overview of Management Systems, Legal and other Requirements	
1215 - 1315	1.00	1.3 HIRARC and JSA	
1315 - 1430	1.25	LUNCH	
1430 - 1600	1.50	1.4 Environmental Aspect and OSH Hazard Identification	
1600 - 1615	0.25	AFTERNOON TEA BREAK	
1615 - 1815	2.00	1.5 OSHE Risk and Impact Assessment	
	7.00	END OF DAY ONE	

DAY TWO

TIME	HOUR	TOPICS	TRAINER/FACILITATOR
0900 - 1000	1.00	2.1 Water Pollution Control	
1000 - 1015	0.25	MORNING TEA BREAK	
1015 - 1115	1.00	2.2 Air pollution Control	
1115 - 1245	1.50	2.3 Introduction to Scheduled Waste Management	
1245 - 1400	1.00	LUNCH	
1400 - 1515	1.25	2.4 OSHE Objective Setting and Programme Development	
1515 - 1530	0.25	AFTERNOON TEA BREAK	
1530 - 1630	1.00	2.5 Monitoring and Enforcement	
1630 - 1730	1.00	2.6 Emergency Response and Spill Control	
	6.75	END OF THE COURSE	

Last updated on 01st March 2019 by PDD