INSTITUT KESELAMATAN DAN KESIHATAN PEKERJAAN NEGARA

NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH



COURSE CURRICULUM

TEL: 03 - 8911 3800 FAX: 03 - 8926 3900

URL: www.niosh.com.my



COURSE DURATION : 2-day(s) / 13.50-hour(s) COURSE CODE : HLPAP

COURSE CATEGORY: Non-Competency COURSE LEVEL: Basic

HRD CORP SCHEME: Claimable

COURSE FEE : RM864.00 (inclusive of 8% SST)

1. OBJECTIVE(S):

At the end of the course, the participant will be able to:

- i. Interpret the element of hearing conservation programme as stipulated under the OSH (Noise Exposure) Regulations 2019.
- ii. Explain noise risk assessment and how to reduce noise exposure at workplace.
- iii. Determine and maintain the appropriate Personal Hearing Protectors (PHP).
- iv. Conduct and analyse the audiometric testing.

2. TARGET GROUP(S):

- i. OSH Practitioners SHO, OHD, OHN, etc.
- ii. Hearing Conservation Administrator (HCA).
- iii. Audiometric Testing Centre Personnel.
- iv. Paramedics nurses, medical assistants, etc.

3. ENTRY REQUIREMENT(S):

i. None (Advantages if the participant is able to understand Malay or English).

4. TOPIC(S):

- i. Introduction to the Course.
- ii. Hearing Conservation Programme (HCP).
- iii. Noise Legislative Requirements.
- iv. Fundamental of Sounds, Noise and Its Effect.
- v. Noise Risk Assessment.
- vi. Reduction of Excessive Noise.
- vii. Personal Hearing Protectors (PHP).
- viii. Audiometric Procedures & Audiogram Interpretation.

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KURIKULUM KURSUS

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5. LIST OF REFERENCE BOOK(S):

- i. Occupational Safety and Health Act 1994.
- ii. Occupational Safety and Health (Noise Exposure) Regulations 2019.
- iii. Industry Code of Practice for Management of Occupational Noise Exposure and Hearing Conservation 2019.
- iv. Guidelines for Control of Occupational Noise 2005, Department of Occupational, Safety and Health Malaysia.

6. LIST OF TEACHING AID(S):

- i. LCD projector.
- ii. Computer.
- iii. White board with accessories.
- iv. Flip chart with accessories.
- v. Audiometers set.
- vi. Noise measuring equipment.
- vii. Personal Hearing Protectors (earmuff and earplug).

7. LIST OF CLASSROOM ACTIVITIES:

- i. Lecture and discussion (roleplay).
- ii. Demonstration and practical.
- iii. Exercise and assessment.

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COURSE SCHEDULE					
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COURSE TITLE: HEARING LOSS PREVENTION AND AUDIOMETRIC TESTING PROGRAMME

DAY ONE

TIME	HOUR	TOPIC	TRAINER / FACILITATOR
0830 - 0900	0.50	Registration	NIOSH
0900 - 0930	0.50	Introduction to the Course	
0930 - 1030	1.00	Hearing Conservation Programme (HCP)	
1030 - 1045	0.25	MORNING TEA BREAK	
1045 - 1300	2.25	Noise Legislative Requirements	
1300 - 1400	1.00	LUNCH	
1300 - 1500	1.00	Fundamental of Sounds, Noise and Its Effect	
1500 - 1515	0.25	AFTERNOON TEA BREAK	
1515 - 1700	1.75	Noise Risk Assessment	
1700 - 1730	0.50	Quiz	NIOSH
	7.00	END OF DAY ONE	

DAY TWO

TIME	HOUR	TOPIC	TRAINER / FACILITATOR
0900 - 1000	1.00	Reduction of Excessive Noise	
1000 - 1015	0.25	MORNING TEA BREAK	
1015 - 1115	1.00	Personal Hearing Protectors (PHP)	
1115 - 1315	2.00	Audiometric Procedures & Audiogram Interpretation	
1315 - 1415	1.00	LUNCH	
1415 - 1615	2.00	Practical Session	
1615 - 1630	0.25	AFTERNOON TEA BREAK	
1630 - 1700	0.50	Quiz	NIOSH
	6.50	END OF THE COURSE	

COURSE SCHEDULE NIOSH MALAYSIA