BE ALERT

Be alert to slip, trip and fall hazards and help to prevent injuries to yourself, your friends and others. Making our schools and workplace safer is everybody's business.

OTHER HAZARDS

There are other hazards that can be found in the school area such as in the playground, canteen, laboratory etc. You can do your part by identifying the hazards and report to the authorities.

WHAT SHOULD YOU DO?

- You must always be alert and be careful while standing or walking. Do not play around. It will help you a avoid slip and trip hazard.
- Ensure clear passage whichever your direction is. Any obstruction such a bags, chairs and other visible objects must be removed or put aside. This will help you from falling and you'll help prevent the occurrence of an accident. We never know!
- Be careful if you are using the stairs. Hold the handrails and don't run around!
- Switch of all electrical tools or equipment when your task is done. At least nobody will be hurt by the electrical hazard.
- Make sure you know the proper way to carry all the loads in the bags. Backpack will be a wiser choice.









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INTRODUCTION

The OSH in School programme views school as a workplace, in accordance with the OSH Act (OSHA) 1994 which covers all industries employing 'persons at work' and 'others'. In the case of schools, the working people are teachers, administrative and other support staff while the 'others' are those affected by activities of the working people who primarily would be the students. Apart from that, instilling awareness at an early stage such as in schools is of utmost importance in creating a safe and healthy workplace. It is hoped that the OSH in School project will benefit the students who are going to make up the nation's future workforce and will eventually contribute towards making safety at work a culture and way of life.

OBJECTIVE

Many workers are unaware of the potential hazards in their work environment, which makes them more vulnerable to injury. The application of OSHA 1994 to school as the place of work aims to make the schools safe and healthy for teachers, students and visitors alike. Therefore, OSH in School Programme aims to:



- Ensure safety, health and welfare for those at work;
- Protect the students against risk to safety and health in connection with activities of persons at work;
- Establish a safe and healthy working environment involving the office, laboratory, canteen, toilet, hostel, filed, etc.

SLIPS, TRIPS AND FALLS HAZARD

Although often seen as a minor incident, slips, falls can result in serious fractures, bruising, lacerations and dislocations.

Slips

Slips generally happen when traversing a slippery surface, for example, wet tiles. When we sense a slippery surface we naturally walk more slowly and take smaller steps. If we unexpectedly encounter a situation where there is insufficient friction between our shoes and the floor surface, we may not notice in time to adjust our stride. Hence, a slip occurs.

Trips

A trip usually occurs when there is a low obstacle in our path which we fail to see or notice. A ridge as low as 10 mm can cause a person to trip.

Falls

Falls can either occur on the same level or from an elevation. Falls on the same level are generally classified as a slip and/ or a trip. Falls from height include falls from ladders, roofs down stairs or when jumping to a lower level.

