

# NIOSH UPDATES

Issue 03, Volume 12, 2019

## SEMINAR PEMERKASAAN KESELAMATAN DAN KESIHATAN PEKERJAAN DI SEKTOR PELANCONGAN



06 Mac 2019 @  
Bayu Balau Beach Resort,  
Kota Tinggi Johor



OFFICE SAFETY



# SEMINAR PEMERKASAAN KESELAMATAN DAN KESIHATAN PEKERJAAN DI SEKTOR PELANCONGAN

## OBJEKTIF:

- ❑ Membantu majikan mempertingkatkan tahap Keselamatan dan Kesihatan di tempat kerja
- ❑ Menyampaikan maklumat terkini dan isu yang berkaitan dengan Keselamatan dan Kesihatan Pekerjaan kepada pekerja dan majikan
- ❑ Menjadi medan perbincangan serta perkongsian ilmu dan pengalaman di kalangan pengamal KKP, Sektor Industri, Jabatan Kerajaan dan sebagainya
- ❑ Mengenalpasti dan memahami masalah yang dihadapi oleh pekerja dan majikan dalam menerapkan amalan budaya Keselamatan dan Kesihatan Pekerjaan di tempat kerja.

Semua majikan dan pekerja di sektor PELANCONGAN adalah dipelawa untuk menghadiri seminar ini bagi memahami aspek KESELAMATAN DAN KESIHATAN PEKERJAAN di sektor Pelancongan

**ONLINE Registration at <http://www.niosh.com.my>**

**For more information, please contact the secretariat :**

Phone: 03-8911 3877/ 3889 (Ms. Halimatulsaadiah)

F : 03-8926 5655 Email : [seminar@niosh.com.my](mailto:seminar@niosh.com.my)

06 Mac 2019 @  
Bayu Balau Beach Resort,  
Kota Tinggi Johor

## Sasaran Peserta :

- ✓ Safety officers
- ✓ OSH Professionals
- ✓ Pengurusan Hotel
- ✓ Kakitangan Hotel
- ✓ Pengusaha - pengusaha pusat Pelancongan Individu dan sebagainya

## Register Now!

Tarikh : 06 Mac 2019

Fee : **PERCUMA**

Sijil : Ya

Online System / [www.niosh.com.my](http://www.niosh.com.my) : E-daftar – Kursus / Seminar - Seminar

## SEMINAR PEMERKASAAN KESELAMATAN DAN KESIHATAN PEKERJAAN DI SEKTOR PELANCONGAN

06 Mac 2019 @  
Bayu Balau Beach Resort,  
Kota Tinggi Johor

NO	TOPIK	MASA	PENCERAMAH	JAM
1	<b>PENDAFTARAN PESERTA DAN SARAPAN PAGI</b>	08:30 – 09:00		30 M
2	PEMATUHAN PERATURAN UNDANG KKP 1994	09:00-10:00	DOSH	1 J
3	<b>PERASMIAN OLEH PENERUSI NIOSH</b>	10:00 – 11:00		30 M
4	PEMBERITAHUAN MENGENAI KEMALANGAN, KEJADIAN BERBAHAYA, KERACUNAN PEKERJAAN DAN PENYAKIT PEKERJAAN (NADOPOD)	11:00 – 13:00	DOSH	1 H
5	<b>MAKAN TENGAHARI</b>	13:00 – 14:00		1 H
6	HAZARD DAN RISIKO DI SEKTOR PELANCONGAN	14:00 – 15:30	NIOSH	1 H 30M
7	SESI DIALOG	15:30 – 16:30	DOSH, NIOSH	1 H
8	<b>MINUM PETANG / TAMAT</b>	16:30 – 17:00		30 M

# OFFICE SAFETY

Although office spaces are generally considered to be safe, they can be dangerous environments if a few simple precautions aren't taken. The simple guidelines below will help keep your office safe.

## TRIPS, FALLS & COLLISIONS



**Ensure**  
all dangling telephone wires and other cables are housed in cable protectors



**Clean up**  
any spillages as soon as they occur.

# OFFICE SAFETY

## TRIPS, FALLS & COLLISIONS



**Keep**  
all walkways and hallways clear



**Be aware**  
of any loose carpets, lino or tiles



**Always**  
use a stepladder or foot stool



**Walk**  
around corners slowly

# OFFICE SAFETY

## TRIPS, FALLS & COLLISIONS



**Never**  
stand on desks or chairs



**Do not**  
leave filing cabinet drawers open

**Avoid**  
the risk of injury when reaching  
into a desk drawer, keep sharp  
items such as knives, scissors and  
drawing pins in a separate  
container.



**Remove**  
any dangling jewellery, scarves and ties  
when working around machinery. Also  
ensure long hair is tied back.

# OFFICE SAFETY

## OFFICE EQUIPMENT



**Ensure**  
all filing cabinets are secured to each other, the wall or both.



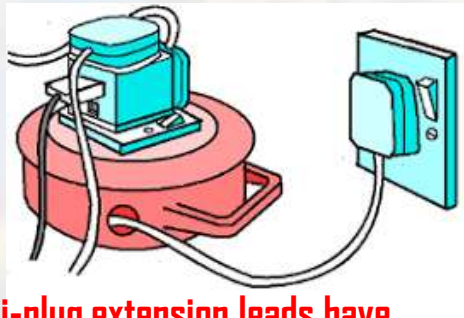
**Avoid**  
injuring fingers, by closing all filing cabinet drawers with the handle

**Avoid**  
top loading. Balance all file loads evenly through cabinet drawers

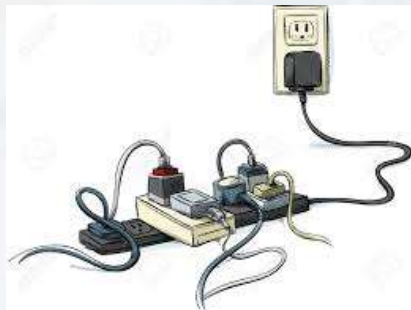


# OFFICE SAFETY

## FIRE HAZARDS



**Ensure** that multi-plug extension leads have circuit breakers or install more sockets



**Never** overload electrical sockets



**Know** the location of fire extinguishers and how they function.



**Keep** all sources of flame away from waste paper containers



**Ensure** you switch off and unplug all electrical equipment not in use



**Familiarise** yourself with evacuation routes.

# Fundamentals of Occupational Safety and Health. Seventh Edition

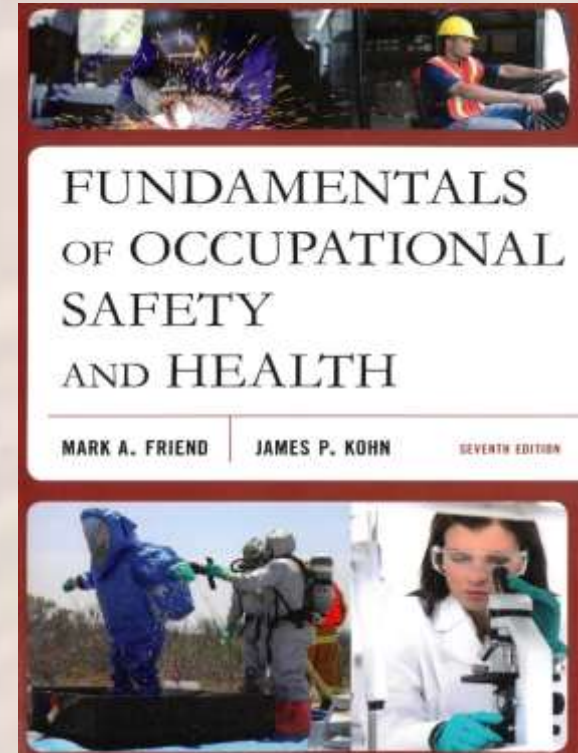
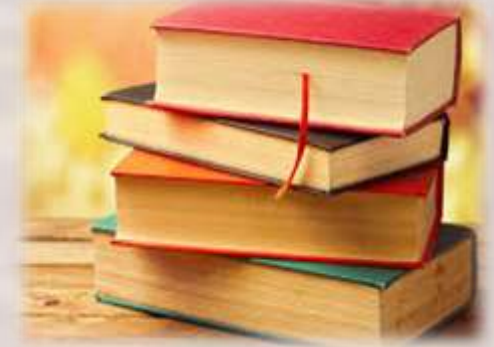
by [Mark A. Friend](#) (Author), [James P. Kohn](#) (Author)

The seventh edition of this popular handbook provides a thorough and up-to-date overview of the occupational safety and health field and the issues safety professionals face today, and does so in an accessible and engaging manner. An excellent introductory reference for both students and professionals, *Fundamentals of Occupational Safety and Health* provides practical information on technology, management, and regulatory compliance issues, covering crucial topics like organizing, staffing, directing, and evaluating occupational safety programs and procedures.

All major occupational safety and health topics are addressed in this comprehensive volume, including safety-related laws and regulations, hazardous materials, workplace violence, the threat of terrorism, and OSHA's recordkeeping standard. This new edition has been revised and updated throughout to include new information on a variety of topics.

The book includes a handy directory of resources such as safety and health associations, First Responder organizations, and state and federal agencies. The latest edition of this go-to reference work reflects the legal and cultural climate of safety and health in an easily comprehensible and well-organized format, giving readers a wealth of occupational safety and health information right at their fingertips.

## BOOK REVIEW



# Fundamentals of Occupational Safety and Health. Seventh Edition

by [Mark A. Friend](#) (Author), [James P. Kohn](#) (Author)

## Editorial Reviews

### About the Author

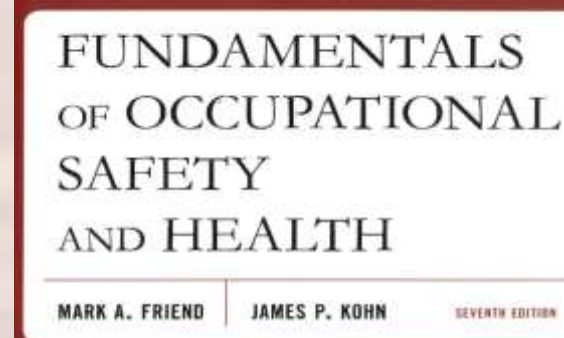
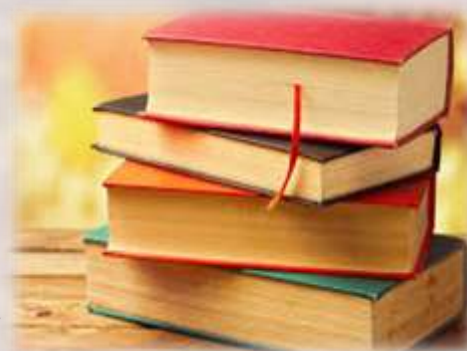
**Dr. Mark A. Friend**, CSP is a professor in the School of Graduate Studies at Embry-Riddle Aeronautical University. He wrote and developed the Master of Science degree in Occupational Safety at East Carolina University after serving as Chair of the Department of Occupational Safety and Health at Murray State University. Friend served on the governing board of the Board of Certified Safety Professionals (BCSP) and is a professional member of the American Society of Safety Engineers (ASSE). Friend has over forty years of experience in higher education. He has been active as a consultant, speaker, expert witness, and trainer in the field of safety. Friend organized and served as the first president of the National Occupational Safety and Health Educators Association (NOSHEA) which later became the Academic Specialty Practice of ASSE.

**James P. Kohn** was associate professor of Industrial Technology at East Carolina University and president of OccuSafe Service Corporation. Dr. Kohn authored, co-authored, or edited seven books on safety and industrial hygiene topics.

### Product details

- **Paperback:** 616 pages
- **Publisher:** Bernan Press; Seventh edition (July 16, 2018)
- **Language:** English
- **ISBN-10:** 1598889826
- **ISBN-13:** 978-1598889826
- **Product Dimensions:** 6.1 x 1.3 x 9 inches
- **Shipping Weight:** 2 pounds ([View shipping rates and policies](#))
- **Average Customer Review:** [5.0 out of 5 stars](#) [1 customer review](#)
- **Amazon Best Sellers Rank:** #312,392 in Books ([See Top 100 in Books](#))
  - #17 in [Books](#) > [Engineering & Transportation](#) > [Engineering](#) > [Industrial, Manufacturing & Transportation Systems](#) > [Ergonomics](#)
  - #26 in [Books](#) > [Textbooks](#) > [Medicine & Health Sciences](#) > [Medicine](#) > [Clinical](#) > [Occupational Safety & Health](#) > [Industrial Medicine](#)
  - #44 in [Books](#) > [Medical Books](#) > [Medicine](#) > [Internal Medicine](#) > [Occupational](#)

## BOOK REVIEW





**Headline** : Dua kematian setiap hari babit pekerja  
**Publication** : Berita Harian  
**Date** : 14 Februari 2019  
**Page** : 08



*Mahfuz bersama penerima pada Majlis Penyerahan Geran Bantuan Kewangan PERKESO 2019 di Kuala Lumpur, semalam.*

## Dua kematian setiap hari babit pekerja

• Kajian PERKESO, UiTM dapati kemalangan kerap berlaku 5km dari tempat kerja

Oleh Nor Afzan Mohamad Yusof afzan@bh.com.my

► Kuala Lumpur

**D**ua kematian setiap hari dalam kalangan pekerja sewaktu perjalanan pergi dan pulang ke tempat kerja.

Timbalan Menteri Sumber Manusia, Datuk Mahfuz Omar, berkata daripada 35,195 kes kemalangan tahun lalu, sebanyak 888 kematian dilaporkan, manakala pada 2017, sebanyak 924 kematian daripada 33,319 kes kemalangan.

Beliau berkata, walaupun kes kematian mencatatkan penurunan tetapi kes kemalangan meningkat.

"Kajian dilakukan bersama

Pertubuhan Keselamatan Sosial (PERKESO) dan Universiti Teknologi MARA (UiTM) beberapa tahun lalu turut mendapati kemalangan kerap berlaku dalam jarak lima kilometer (km) dari tempat kerja," katanya.

### 73 peratus nahas babit penunggang motosikal

Beliau berkata demikian pada sidang media Majlis Penyerahan Geran Bantuan Kewangan (PERKESO) 2019 berjumlah RM4.6 juta kepada 33 institusi dan badan bukan kerajaan (NGO) berkaitan keselamatan dan kesihatan pekerjaan, di sini semalam.

Yang turut hadir, Ketua Pegawai Eksekutif PERKESO, Datuk Seri Dr Mohammed Azman Datuk Aziz Mohamad.

Mahfuz berkata, daripada sta-

tistik kemalangan, dianggarkan 73 peratus kemalangan tahun lalu membabitkan penunggang motosikal.

Terdahulu dalam ucapannya Mahfuz menyarankan institusi dan NGO tidak menyediakan program 'syok sendiri', sebaliknya memberikan pendekatan terkini sesuai perubahan zaman supaya dapat memanfaatkan kumpulan sasaran.

Katanya, usaha menangan penting kerana ia membabitkan kos kepada negara dan masyarakat, sama ada dalam bentuk kehilangan nyawa, hilangnya upaya atau produktiviti.

"Semua pihak berkaitan perlu menjalankan peranan dalam program pencegahan kemalangan berdasarkan bidang kuasa dan kepakaran masing-masing, katanya.

BH 14/2/19

<b>Headline</b>	: Dua maut di jalan raya setiap hari
<b>Publication</b>	: Kosmo
<b>Date</b>	: 14 Februari 2019
<b>Page</b>	: 06

Kemalangan babitkan pekerja dalam perjalanan pergi-balik ke tempat kerja

# Dua maut di jalan raya setiap hari

**KUALA LUMPUR** – Kira-kira 890 kes kematian dicatat akibat kemalangan jalan raya ketika dalam perjalanan pergi-balik ke tempat kerja pada tahun lepas.

Timbalan Menteri Sumber Manusia, Datuk Mahfuz Omar (**gambar kecil**) berkata, jumlah itu bagaimanapun menunjukkan penurunan berbanding tahun 2017 yang mencatatkan 924 kes kematian.



"Ini bermakna, setiap hari purata dua orang yang pergi kerja tidak pulang semula ke rumah akibat terlibat dalam kemalangan maut," katanya kepada pemberita selepas majlis penyerahan Geran Bantuan Kewangan Pertubuhan Keselamatan Sosial (Perkeso) kepada institusi dan badan pertubuhan

bukan kerajaan (NGO) 2019 di sini semalam.

Bagaimanapun, kes kemalangan pergi dan balik ke tempat kerja pada tahun lepas meningkat iaitu 35,195 berbanding 33,819 pada 2017 dengan kira-kira 74 peratus daripada kemalangan itu melibatkan penunggang dan pembonceng motosikal.

"Oleh itu, kita berharap lebih banyak pihak bekerjasama dengan Perkeso dalam melaksanakan program kesedaran kepada golongan pekerja, kita tidak kisah naikkan peruntukan bantuan kewangan asalkan program yang dijalankan memberi kesan positif dan boleh mengurangkan kes kemalangan pergi-balik kerja," ujarnya.



**PENUNGGANG** motosikal dilaporkan antara pengguna jalan raya paling ramai maut dalam kemalangan termasuk golongan pekerja. – Gambar hiasan

Menurut Mahfuz lagi, pada tahun ini, Perkeso memperuntukkan Geran Bantuan Kewangan kepada 33 institusi

dan NGO yang membuat permohonan melibatkan jumlah RM4,643,463.30.

Ia merangkumi 280 program

seminar atau kursus, 225 program pencegahan kemalangan perjalanan, 87 khidmat runding cara, dua program penyelidikan dan pembangunan serta dua penerbitan video promosi.

Antara institusi dan NGO yang menerima peruntukan itu ialah Institut Penyelidikan Keselamatan Jalan Raya (MiroS), Institut Keselamatan dan Kesihatan Pekerjaan Negara (NIOSH), Kongres Kesatuan Sekerja Malaysia (MTUC) dan Kongres Kesatuan Pekerja Dalam Perkhidmatan Awam (CUEPACS).

Mahfuz menambah, aktiviti pencegahan pada tahun ini juga akan memberi tumpuan kepada pencegahan dalam kalangan golongan pekerja muda serta pekerja asing yang juga pencarum Perkeso mulai 2019. – Bernama

*NewsPaper Cutting*

**Headline** : Landslide report blames contractor, MBPP and DOSH  
**Publication** : Tha Star  
**Date** : 14 Februari 2019  
**Page** : 14

14/2/19  
18:14

## Landslide report blames contractor, MBPP and DOSH

GEORGE TOWN: The special investigative panel report on the Bukit Kukus landslide had not been made public, but excerpts of the findings were made available by the state.

However, it has raised more questions than answers as the state blamed the contractor, Penang Island City Council (MBPP) and the Department of Occupational Safety and Health (DOSH).

In an immediate response, DOSH Penang director Jaafar Leman denied the department was to be blamed for the landslide.

"We were not even invited to be part of the investigative panel to give our views. How could we be blamed?" he asked.

According to the statement by Deputy Chief Minister 1 Datuk Ahmad Zakryuddin Abdul Rahman who headed the investigative panel, the stop-work order on Oct 17 prevented contractors from entering the site to do maintenance works.

As a result, the temporary drain overflowed and water was retained on the reclaimed land contributing to the collapse of the slopes.

"How could a stop order which was issued on Oct 17 contribute to the landslide which occurred on Oct 19?" asked Jaafar.

He said the slopes would have been risky from the beginning as the contractor did not do any mitigation works to strengthen them and it does not make sense to blame DOSH.

The stop-work order was issued on Oct 17 after 14 beams fell in a ravine.

Earlier, during a press conference, Ahmad Zakryuddin said MBPP and other parties involved in the construction of the Jalan Bukit Kukus palm roads project, had not adhered to construction and engineering best practices.

"The landslide was caused by many factors, which included: a temporary construction of a platform to place machinery which was not constructed properly. The temporary platform was created to allow heavy vehicles lift beams for the paved road project.

"MBPP, as owners of the project, had failed to ensure all the third parties carried out their job.

"MBPP had failed to hire a professional engineer for temporary works to design and supervise the site," he said yesterday.

Ahmad Zakryuddin said another factor was the downpour in the morning of the day of the landslide.

**Headline** : 41 pelajar perempuan sekolah tahfiz sempat selamat diri  
**Publication** : Berita Harian  
**Date** : 15 Februari 2019  
**Page** : 16



Penghuni asrama Pusat Tahfiz Terbiyyatul Nisa Berdiri menyelamatkan diri dalam insiden kebakaran di Kampung Arabahim, Taiping, semalam.

## 41 pelajar perempuan sekolah tahfiz sempat selamat diri

Taiping: Seramai 41 pelajar perempuan di Pusat Tahfiz Terbiyyatul Nisa di Kampung Arabahim, di sini, sempat menyelamatkan diri daripada kebakaran yang memusnahkan asrama mereka, pagi semalam.

Terdas sebarang letupan dalam kejadian yang berlaku kira-kira jam 9.30 pagi.

Ketua Badan Mualim dan Pengajar Tahfiz, Alimul Qasim Abdul Gapor, berkata, sebaik memulakan pengajian, kebakaran pada jam 9.30 pagi, seramai 11 anggota di kelas ke lapan basement dua tingkat.

"Sebaik sahaja, narasumber tingkap kelas mendapati kebaharu terbakar 100 peratus dan bomba segera memulakan operasi pemadamkan.

"Pada masa sama, pembebasan mendapati seramai penghuni sudah selamat dan berkecuali di kawasan lapang kira-kira 100 meter dari lokasi kejadian," katanya.

Api marak di tingkat bawah sementara itu, pengurus asrama, ustazah Alimah Abul Huda, berkata kebakaran berlaku selepas sambutan pelajar selama tiga jam berakhir, mereka beberapa lagi pelajar berada di asrama diantarkan sakit.

"Sebaik seramai pelajar itu kembali ke asrama, api marak marak di tingkat bawah menyebabkan salah seorang pelajar mengalami masalah seramai penghuni bergegas keluar," katanya.

Menerusi itu, antara yang menghadiri asrama itu adalah anak yatim dan tidak mahu berurusan laluan forensik 20 tahun dan sebagai yang berkecuali mengibaratkan bantuan, boleh menghidu telefonnya di talian 019-448833.



Api marak memusnahkan bangunan asrama.

Newspaper Cutting

**Headline** : Pekerja kontrak perlu carum PERKESO  
**Publication** : Berita Harian  
**Date** : 13 Februari 2019  
**Page** : 08

## Pekerja kontrak perlu carum PERKESO

**Kangar:** Majikan di negara ini perlu mendaftar dan mencarum pekerja kontrak atau sambilan dengan Pertubuhan Keselamatan Sosial (PERKESO).

Timbalan Menteri Sumber Manusia, Datuk Mahfuz Omar, berkata pihaknya sejak tahun lalu, sudah meminta pekerja berstatus kontrak atau sambilan diwajibkan mencarum dengan PERKESO agar kehidupan mereka lebih terjamin.

"Kita sudah lama tegaskan bahawa mereka (pekerja sambilan) ini perlu dicarumkan demi masa hadapan dan keselamatan pekerja seandainya berlaku perkara yang tidak diingini.

### Lapor jika majikan tak carum

"Jadi kita minta agar pekerja yang masih belum dicarum oleh majikan tampil membuat laporan agar kerajaan boleh mengingatkan majikan untuk berbuat demikian (mencarum)," katanya.

Mengulas lanjut, Mahfuz berkata, pihaknya berharap majikan mengambil berat isu itu bagi memastikan keselamatan pekerja terjamin.

"Saya sudah fokus kepada pekerja yang tidak bermajikan atau bekerja sendiri dan selepas ini saya mahu fokus kepada pekerja bermajikan berstatus sambilan atau kontrak," katanya.

*Malaysian  
Cutting*