

NIOSH UPDATES

Issue 01, Volume 12, 2019

**ACCIDENT REPORTING AND
INVESTIGATION PROCEDURE
AWARENESS SEMINAR**

**28 FEB 2019 @ NIOSH
BANDAR BARU BANGI**

Accident Reporting

ERGONOMICS IN THE WORKPLACE:
Risk Factors And Control Methods



ACCIDENT REPORTING AND INVESTIGATION PROCEDURE



AWARENESS SEMINAR

**28 FEB 2019 @ NIOSH
BANDAR BARU
BANGI**

Accident : "any unplanned event that results in personnel injury or damage to property, plant or equipment." Near-miss:- "an unplanned event which does not cause injury or damage, but could have done so." Examples include: items falling near to personnel, incidents involving vehicles and electrical short-circuits. Numbers and types of accidents and work related illnesses are one means of monitoring the success of health and safety procedures. They are also an indicator of areas where more effort may be required to reduce the number of injuries. It is therefore vital that all injuries, however small, are reported and inquiries made to identify means of avoiding a repetition.

Register Now!

Date : 28 Februari 2019
Fee : **RM 100.00**
Certificate : Yes
Registration : **Online System** / www.niosh.com.my
Payment : Cash Upon Registration

Target Audiences:

- ✓ Safety officers
- ✓ OSH Professionals
- ✓ Plant Manager, Heads of Organizations
- ✓ Line Manager in Production, Construction maintenance
- ✓ Safety Manager

ONLINE Registration at <http://www.niosh.com.my>

For more information, please contact the secretariat :

Phone: 03-8911 3877/ 3889 (Ms. Halimatulsaadiah)

F : 03-8926 5655 Email : seminar@niosh.com.my



ACCIDENT REPORTING AND INVESTIGATION PROCEDURE

AWARENESS SEMINAR

Accident Reporting

**28 FEB 2019 @ NIOSH
BANDAR BARU
BANGI**

NO	PROGRAME	TIME	DURATION
1	REGISTRATION	08:30 – 09:00	30 M
2	INTORDUCTION TO INCIDENT INVESTIGATION	09:00-10:30	1 H 30 M
3	TEA BREAK	10:30 – 11:00	30 M
4	LEGAL REQUIREMENTS	11:00 – 12:00	1 H
5	NADOPOD	12:00 – 13:00	1 H
6	LUNCH	13:00 – 14:00	1 H
7	INCIDENT INVESTIGATION METHODOLOGY	14:00 – 15:30	1 H 30 M
8	INCIDENT ANALYSIS	15:30 – 16:30	1 H
9	CERTIFICATE / TEA BREAK	16:30 – 17:00	30 M

or NEAR MISS!

ERGONOMICS IN THE WORKPLACE:

Risk Factors And Control Methods

Poor posture at work is a major cause of head, back or neck pain, strain injury, musculoskeletal disorders (MSDs), and work stress, resulting in not only poor employee health but also lost time and productivity.

Ergonomics Risk Factors



Ergonomic risk factors are aspects of a job that can cause biomechanical stress on the employee, such as highly repetitive tasks, awkward postures, forceful exertions, static postures over a long period of time, cold temperatures, and localized pressure into the body part. Exposure to one or more ergonomic risk factors could cause or contribute to MSD.

ERGONOMICS IN THE WORKPLACE:

Risk Factors And Control Methods



Control Methods

There are several control methods employers can implement to reduce ergonomic risk factors exposure in the workplace:

- Conduct ergonomic analyses to measure risks for each job, identify, implement and continually evaluate solutions
- Use engineering controls to eliminate excessive force and awkward postures and allow workers to maintain optimal joint positions
- Provide safe and effective procedures as well as necessary tools (such as carts and dollies for lifting or carrying) for completing work tasks safely
- Rotate workers between workstations and tasks to prevent extended time of performing a repetitive task
- Implement rests or stretch breaks to increase recovery and avoid prolonged static postures
- Provide proper lifting and other work techniques, and ergonomics training to employees

ERGONOMICS IN THE WORKPLACE:

Risk Factors And Control Methods



3 Tips on How To Improve Posture

To live and work healthily, each and every one of us must be responsible for reducing our exposure to ergonomic risk factors. Start by noticing your posture and identifying what you are doing wrong if you are experiencing back, head or neck pain. Here are three quick tips to improve your posture:

1. Sit up straight, align your ears, shoulders and hips in one vertical line. Avoid unbalanced postures like crossing legs, leaning to one side or hunching shoulders.
2. Avoid sitting or doing a repetitive task for a long period of time. Take a quick break every half an hour to walk, stretch or stand.
3. While standing, distribute your weight evenly on both hips.

Gaining a solid understanding of proper postures and ergonomics' basic principles to improve your daily habits, along with getting yourself equipped with the right tools and regularly exercising outside of work will help you prevent MSD, reduce pains and work stress. Remember, small changes can make a big difference!

Safety, Health and Environmental Auditing: A Practical Guide.

2nd Edition, Kindle Edition

by [Simon Watson Pain](#) (Author)

This new edition builds on the success of the first edition. It has been enhanced to embrace new topics including Due Diligence, EHS Auditing, Process Safety Auditing, and a chapter summarizing auditing with the relevant ISO standards. The rest of the book has been updated to fit with the guidance and requirements set out with the changes in the ISO standards. The goal of this book remains the same, to provide a "down to earth" guidance for managers and specialists in organizations who are committed to improving their safety, health, and environmental performance, but are not sure where to start or do not wish to employ consultants to do this for them, They do it themselves using this book.

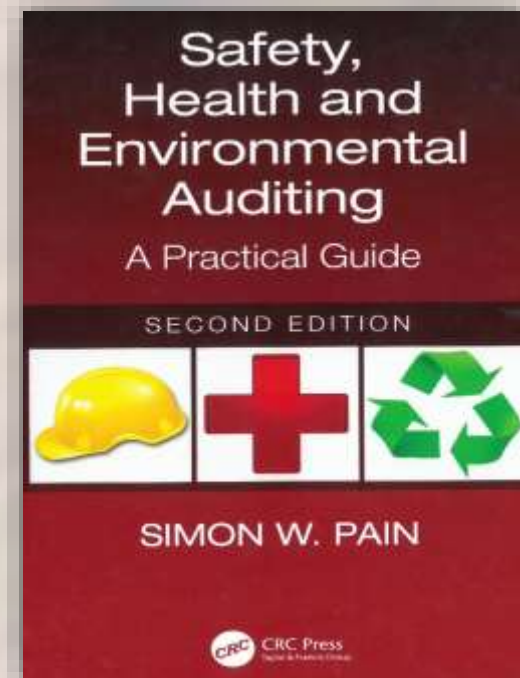
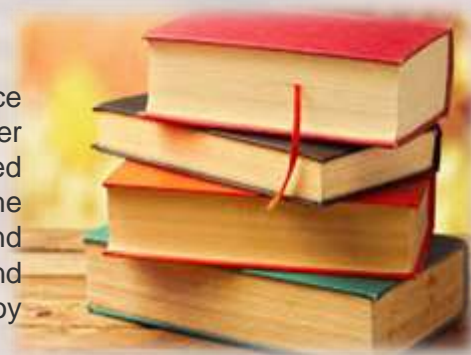
Editorial Reviews Review

"The book's breadth makes it far more than just another publication on the dry, albeit important subject of SHE auditing with reference to ISO standards. Pain delves into topics that would make me consider buying a copy even though I'm not an auditor. The chapter on process safety auditing, for instance, gives a useful insight into how you could adapt this approach to improve standard audits or even workplace inspections. I also enjoyed the chapter on due diligence. For those of us involved in mergers and acquisitions this provides handy advice on what to think about and also how to determine the risks. The biggest draw, however, is Pain's inclusion of an audit checklist (with verification statements) for 60 key areas of SHE risk. When I first graduated I was a safety consultant and had to write something similar for my company. It took me an age to complete and it wasn't particularly exciting. Pain has taken all the drudgery away. Readers can access his free audit protocol through the website of his employer, Solway Consulting Group, after you register for a password.

When this book landed on my desk I wasn't sure how useful it would be. Reading it convinced me. Although auditors and consultants will benefit most from it, others in non-specialist SHE audit roles will find useful tips on how to develop their skills. I would consider buying this book for the chapter on due diligence alone; it has helped me to advance my thinking in this important area."

JOSH Magazine, April Issue 2018

BOOK REVIEW



Safety, Health and Environmental Auditing: A Practical Guide. 2nd Edition, Kindle Edition

by [Simon Watson Pain](#) (Author)

About the Author

Simon W. Pain is an award winning independent Safety, Health, and Environmental Management consultant based in Scotland. He has a wealth of health, safety, and environmental management experience in various manufacturing industries gained over the last thirty-seven years.

Simon is a chartered mechanical engineer with more than thirty-two years experience in senior management positions with British Steel, ICI, and DuPont's engineering, manufacturing, research, and corporate functions. He has been advising company executives at the board level on safety, health, and management issues for the last twelve years. He spent many years as Divisional Safety, Health, and Environmental Manager for ICI and DuPont; the latter is widely regarded as the world benchmark company for health and safety standards. During the last twenty years he has developed novel techniques in health and safety training and communication, which were commended by the Institute of Occupational Safety & Health in November 2004. He has subsequently developed the unique SHEEMS emergency management system for small businesses. It is through this work that he has been awarded Best International Health & Safety Consultancy – Scotland and also International Health & Safety Consultancy of the Year – 2017.

As a consultant, Simon specializes in raising awareness and motivating senior managers to achieve a paradigm shift in health and safety awareness. He does this by using the high-impact approach and making the subject interesting and fun.

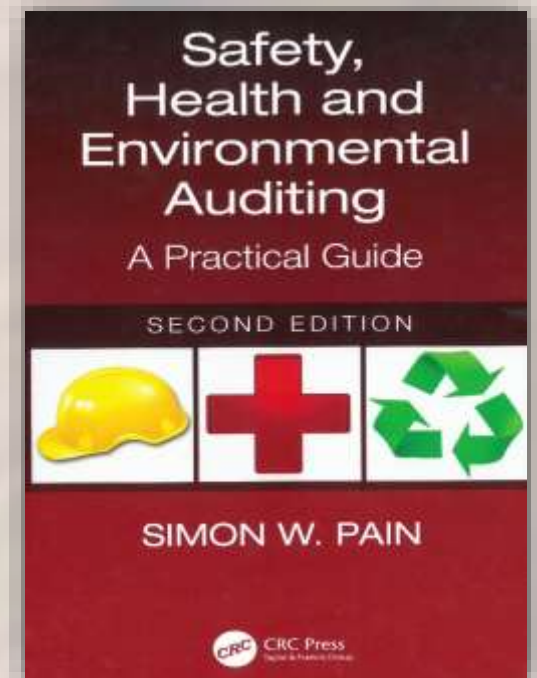
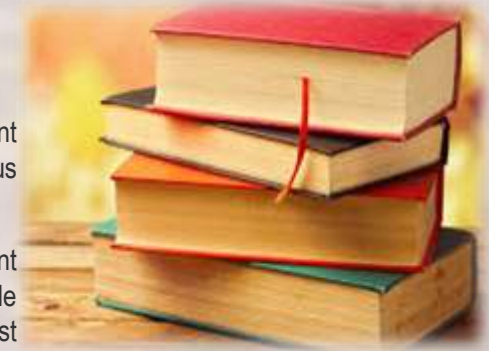
He is an expert in auditing, especially at the management level and personally designed and developed the ICI audit protocol system to ensure that auditing standards were consistent. As a Det Norske Veritas-trained auditor he has led audits not only in the United Kingdom, but also in the United States, Japan, Belgium, and the Netherlands. He regularly carries out lectures and training for health, safety, and environmental auditing.

He is a Fellow of both the U.K. Institute of Mechanical Engineers and the Institute of Energy and a chartered member of the Institute of Occupational Safety & Health. He was also a member of the U.K. government's Energy Best Practice Committee and a board member for the Solway River Purification Board until the formation of the new Scottish Environment Protection Agency.

Simon graduated in Mechanical Engineering from the University of Birmingham and obtained his postgraduate qualifications in health and safety from the University of Loughborough.

More information at www.solwayconsulting.com

BOOK REVIEW



Safety, Health and Environmental Auditing: A Practical Guide.

2nd Edition, Kindle Edition

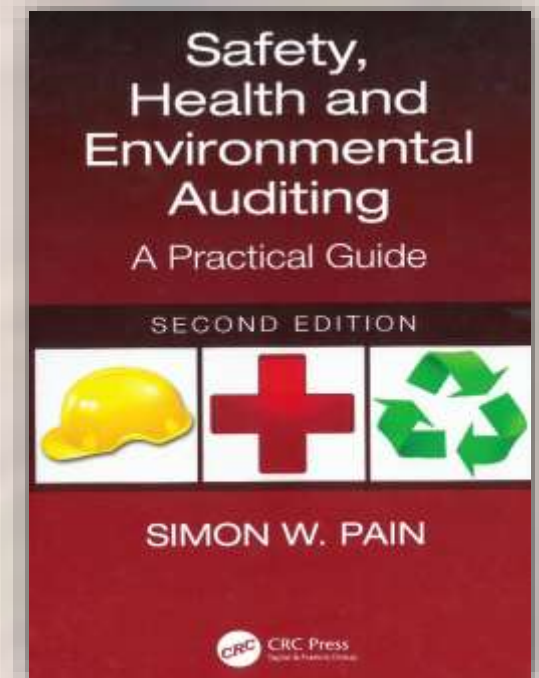
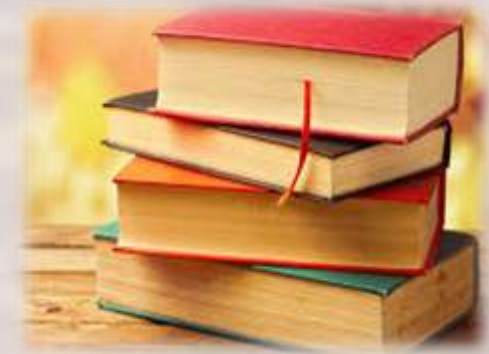
by [Simon Watson Pain](#) (Author)

Product details

- **File Size:** 6991 KB
- **Print Length:** 286 pages
- **Simultaneous Device Usage:** Up to 4 simultaneous devices, per publisher limits
- **Publisher:** CRC Press; 2 edition (February 13, 2018)
- **Publication Date:** February 13, 2018
- **Sold by:** Amazon Digital Services LLC
- **Language:** English
- **ASIN:** B079SMPXL9

- **Text-to-Speech:** [Enabled](#)
- **X-Ray:** [Not Enabled](#)
- **Word Wise:** Not Enabled
- **Lending:** Not Enabled
- **Enhanced Typesetting:** [Enabled](#)
- **Amazon Best Sellers Rank:** #2,005,165 Paid in Kindle Store ([See Top 100 Paid in Kindle Store](#))
 - #229 in [Kindle Store](#) > [Kindle eBooks](#) > [Engineering & Transportation](#) > [Engineering](#) > [Industrial, Manufacturing & Operational Systems](#) > [Quality Control](#)
 - #385 in [Kindle Store](#) > [Kindle eBooks](#) > [Engineering & Transportation](#) > [Engineering](#) > [Industrial, Manufacturing & Operational Systems](#) > [Safety & Health](#)
 - #386 in [Kindle Store](#) > [Kindle eBooks](#) > [Nonfiction](#) > [Science](#) > [Technology](#) > [Safety & Health](#)

BOOK REVIEW



***Book for reference only : More details of this book, please refer NIOSH Library and to browse list of collection please visit:
<http://www.niosh.com.my>*





Headline	: 12 kawasan berbahaya dikenal pasti
Publication	: Berita Harian
Date	: 02 Januari 2019
Page	: 18

12 kawasan berbahaya dikenal pasti

18 18 2/19

Kuala Lumpur: Kementerian Perumahan dan Kerajaan Tempatan, melalui Jabatan Bomba dan Penyelamat Malaysia (JBPM) sudah mengenal pasti 12 lokasi di seluruh negara, sebagai kawasan berisiko tinggi untuk kejadian lemas.

Ahli Majlis Keselamatan Aktiviti Air Negara (MKAAN), Tan Sri Lee Lam Thye berkata, antara lokasi dikenal pasti di Selangor ialah Sungai SKC Kampung Timah, Sungai Tinggi, Sungai Gasi di Sungai Buloh; Sungai Chiling di Kuala Kubu Baru; Air Terjun Sungai Sendat di Ulu Yam dan Empangan Semenyih.

Kawasan berisiko tinggi lain ialah Sungai Kampung Batu Payung di Tawau, Sabah; Sungai Kampung Sabak di Pengkalan Chepa, Muara Tok Bali di Pasir Puteh dan Pantai Nipah di Bachok, Kelantan; Air Terjun Lata Berembun



Lee Lam Thye

di Raub, Pahang; Air Terjun Chamang di Bentong, Pahang serta Teluk Bahang di Batu Feringghi, Pulau Pinang.

Pantai Sura Tengah antara lokasi dipantau JBPM

Katanya, menerusi pertemuan bersama Ketua Pengarah JBPM, Datuk Muhammad Hamdan Wahid, kes terbaru tiga beradik lemas di Pantai

Sura Tengah, Dungun, adalah antara lokasi yang dipantau JBPM walaupun tidak tersenarai sebagai kawasan panas.

"Saya ingin mengingatkan orang ramai perlu memahami dan mematuhi amaran bahawa bendera putih yang dinaikkan, menunjukkan keadaan laut selamat untuk berenang dan melakukan aktiviti di dalam air.

"Bendera merah pula amaran kepada semua untuk menjauhkan diri dari air," katanya dalam satu kenyataan, semalam.

Kelmarin, tiga beradik, iaitu Nurain Salsabila Zawawi, 6; Nurain Sofia, 8; dan Nurain Fatma, 10, lemas selepas dipukul ombak besar sebelum menariknya ke dalam laut.

Ketiga-tiga mangsa berasal dari Kampung Peringat, Kelantan dan dikatakan mengikuti ibu saudaranya ke Dungun untuk bercuti.

Pantau kanak-kanak

Lam Thye berkata, ibu bapa dan orang dewasa perlu sentiasa memantau anak mereka atau kanak-kanak lain, ketika berada di kawasan pantai atau lokasi rekreasi air.

"Sebagai orang dewasa, kita bertanggungjawab untuk memastikan keselamatan kanak-kanak sepanjang masa, kerana mereka mungkin tidak menyedari risiko kemalangan atau lemas di kawasan rekreasi air.

"Sering kali laporan diterima membabitkan ibu bapa yang membiarkan anak mereka bermain air tanpa sebarang pengawasan, sehingga menyebabkan tragedi lemas yang menyayat hati.

"Justeru, kempen kesedaran mengenai bahaya lemas juga perlu diadakan membabitkan setiap pihak dan harus dijadikan amalan sebelum cuti sekolah," katanya.



Lokasi berisiko berlaku kejadian lemas

- **Di Selangor:** Sungai SKC Kampung Timah, Sungai Tinggi, Sungai Gasi di Sungai Buloh; Sungai Chiling di Kuala Kubu Baru; Air Terjun Sungai Sendat di Ulu Yam dan Empangan Semenyih.
- **Sabah:** Sungai Kampung Batu Payung di Tawau.
- **Kelantan:** Sungai Kampung Sabak di Pengkalan Chepa; Muara Tok Bali di Pasir Puteh dan Pantai Nipah di Bachok.
- **Pahang:** Air Terjun Lata Berembun di Raub dan Air Terjun Chamang di Bentong.
- **Pulau Pinang:** Teluk Bahang di Batu Feringghi.

Headline : 200 liter asid tumpah
Publication : Metro Ahad
Date : 06 Januari 2019
Page : 06

500 LITER ASID TUMPAH

■ Pekerja kilang selamatkan diri, bomba bersih bahan kimia 4 jam



Mohd Hilmiie Hussin
mohdhilmiie@nstp.com.my

Melaka

Pasukan bomba dan penyelamat mengambil masa lebih empat jam untuk meneutralkan dan membersihkan 500 liter asid

nitrik yang tumpah di sebuah kilang komponen komputer di Taman Teknologi Cheng.

Tumpahan berlaku jam 6 petang kelmarin yang menyebabkan operasi kilang itu dihentikan sementara dan 500 pekerja diarah mengosongkan premis demi keselamatan.

Penolong Pengarah (Operasi) Jabatan Bomba dan Penyelamat

Melaka, Zulkifli Nordin berkata, tumpahan bahan kimia itu mewujudkan bau yang sangat berbahaya sekiranya dihidu secara langsung.

Katanya, cecair berkenaan tumpah ketika kerja pemindahan dilakukan di luar bangunan kilang.

"Sebaik menerima panggilan kecemasan pada jam 7.52

malam, jentera dari Balai Bomba dan Penyelamat (BBP) Jalan Kubu dikejarkan ke lokasi bersama Unit Perkhidmatan Penyelamatan dan Perawatan Kecemasan (EMRS) serta Unit Gerak Cepat Bermotosikal membabitkan 15 anggota.

"Pasukan tiba 15 minit kemudian dan mendapati berlaku tumpahan bahan kimia yang memerlukan khidmat

Unit Bahan Berbahaya (HAZMAT), sebelum pasukan itu seramai 15 orang tiba jam 8.30 malam," katanya.

Zulkifli berkata, berdasarkan maklumat awal, cecair asid nitrik itu disimpan di dalam tangki 1,000 liter, tumpah ketika proses pemindahan menggunakan jentera, forklif dari luar ke dalam bangunan kilang.

Headline : Murid tersepit 20 minit
Publication : Harian Metro
Date : 03 Januari 2019
Page : 06

Murid tersepit 20 minit

Selangor: Hari pertama persekolahan bertukar mimpi ngeri bagi seorang murid lelaki apabila kakinya tersepit kira-kira 20 minit pada besi tempat duduk di sebuah sekolah di Bandar Baru Salak Tinggi, di sini, semalam.

Dalam kejadian jam 12.15 tengah hari, kaki kiri murid tahun empat itu tersepit di celahan palang besi tempat duduk ketika menunggu ibu bapanya menjemput untuk pulang selepas tamat waktu persekolahan.

Ketua Balai Bomba dan Penyelamat (BBP) KLIA Khairuddin Jamaludin berkata, pihaknya mengambil masa lima minit untuk mengeluarkan kaki murid berusia 10 tahun itu.

"Pihak kami menerima panggilan jam 12.25 tengah hari memaklumkan seorang murid tersepit pada palang besi di sebuah sekolah di lokasi berkenaan, seramai enam petugas dari BBP KLIA ber-



ANGGOTA bomba menggunakan alat perenggang untuk mengeluarkan kaki murid yang tersepit.

gegas ke lokasi.

"Sebaik tiba jam 12.36 tengah hari, kami mendapati kaki kiri murid itu tersepit antara palang besi yang dijadikan tempat duduk. Pihak kami menggunakan alat perenggang untuk menjarakkan besi sebelum berjaya mengeluarkan kakinya," katanya ketika dihubungi, di sini, semalam.

Bellau berkata, daripada maklumat diterima,

ketika kejadian mangsa menunggu untuk dijemput di tempat duduk berkenaan.

"Dia memasukkan kaki ke celahan palang, namun tidak berjaya mengeluarkan dirinya sendiri.

"Kejadian berlaku selepas tamat waktu persekolahan. Murid berkenaan tidak mengalami kecederaan dan kakinya dikeluarkan dengan selamat," katanya.

Newspaper Cutting

Headline : Dua anggota bomba cedera dihempap struktur bangunan
Publication : Berita Harian
Date : 01 Januari 2019
Page : 05



ANGGOTA bomba mengeluarkan rakam selang Nurul Hashimah yang ditahan runtuh.



MOHAMMAD Hamdan melawat Nurul Hashimah di Balai Bomba dan Penyelamat, Jalan Kubu.

Dua anggota bomba cedera dihempap struktur bangunan

Malaka: Dua pegawai bomba termasuk seorang wanita dari Balai Bomba dan Penyelamat Jalan Kubu di sini, cedera dihempap runtuh

struktur bangunan rumah teres dua tingkat dalam kejadian kebakaran di Taman Cheng Utama di sini, malam kelmarin.

Dalam kejadian jam 11.30 malam itu, kedua-dua anggota terlibat sedang menjalankan kerja pemadamaman api di premis berkenaan.

Mangsa, Nurul Hashimah Affandi, 25, cedera di lutut dan tisu koyak, manakala rakannya, Normikman Mamat, 39, cedera di kepala dan belakang badan.

Nurul Hashimah berkata, dia terfikir akan mati dalam kejadian itu kerana struktur runtuh menghempap hampir seluruh anggota badannya ketika menaiki tangga untuk membantu Normikman.

"Saya mahu beri bantuan untuk menyelesaikan kerja

pemadamaman di tingkat atas. Ketika menjerit kali kedua, tiba-tiba struktur bangunan runtuh dan hempap saya di belakang badan sebelum mengenai kepala, bahu, kaki kanan dan tangan kiri. Topi keselamatan juga tercabut.

"Ketika itu, saya ingu akan mati kerana tidak dapat menasai apa-apa di bahagian perut hingga ke kaki," katanya ketika ditemui di Balai Bomba dan Penyelamat Jalan Kubu, semalam.

Tendahulu, Ketua Pengarah Jabatan Bomba dan Penyelamat Malaysia, Datuk

Mohammad Hamdan Wahid menziarahi kedua-dua mangsa di balai berkenaan.

Turut hadir, Pengarah Jabatan Bomba dan Penyelamat negeri, Mohamad Zin Salleh dan Ketua Balai Bomba dan Penyelamat Jalan Kubu, Kamarulzaman Md Din.

Normikman berkata, dia bergegas mengalihkan struktur batuan yang menghempap badan Nurul Hashimah seurus selepas kejadian itu.

"Saya fikir dia (Nurul Hashimah) lumpuh kerana keadaan yang berlaku agak teruk pada waktu itu," katanya yang berjaya mengeluarkan

Nurul Hashimah dari lokasi kejadian bersama rakan anggota lain.

Susulan kejadian itu, Nurul Hashimah yang berkhidmat hampir enam tahun mendapat rawatan lanjut di Hospital Melaka, manakala Normikman yang bekerja hampir 20 tahun pula mendapat rawatan di hospital sama sebagai pesakit luar.

Dalam kejadian itu, sepasukan 16 anggota dan pegawai dari Balai Bomba dan Penyelamat Jalan Kubu bersama dua jentera disekarkan ke lokasi kejadian sepurus menerima panggilan jam 10.25 malam.

Anggota cedera patuh SOP

Malaka: Anggota dari Balai Bomba dan Penyelamat Jalan Kubu di sini, mematuhi prosedur operasi standard (SOP) ditetapkan ya laupun dua daripadanya cedera ketika menjalankan operasi memadam kebakaran di sebuah rumah di Taman Cheng Utama di sini, kelmarin.

Ketua Pengarah Jabatan Bomba dan Penyelamat Malaysia, Datuk Mohammad Hamdan Wahid berkata, SOP yang dipatuhi itu berdasarkan prinsip menyelamatkan, pendedahan, penyekatan, pemadamaman dan pemeriksaan (RECEO).

"Dari segi SOP, mereka mematuhi prinsip. Pemadamaman kebakaran juga dibantu dengan betul dan (ketika runtuh) kebakaran sudah padam.

"Kebanyakan tugas memang pegawai akan mematuhi SOP ditetapkan supaya berada pada batas tatarang yang betul. Apa jua insiden ada pendedahan risiko ketika bekerja. Kita pun tidak tahu usia rumah itu berapa lama," katanya.

Tendahulu, Mohammad Hamdan menziarahi dua pegawai bomba terlibat, Nurul Hashimah Affandi, 25, dan Normikman Mamat, 39.

Nurul Hashimah cedera di lutut dan mengalami tisu koyak, manakala rakannya, Normikman cedera di kepala dan belakang badan.

Mohammad Hamdan berkata, susulan kejadian itu pihaknya akan menjalankan siasatan bagi mengenal pasti punca kebakaran dan runtuh berkenaan.

Newspaper Cutting

Headline : Adults urged to keep an eye on kids
Publication : New Straits Times
Date : 02 January 2019
Page : 59

DROWNING

ADULTS URGED TO KEEP AN EYE ON KIDS

Water safety council urges parents to ensure safety of children, even in hotel pools

KUALA LUMPUR

THE Water Activity Safety Council (MKAA) has called on parents and adults to keep an eye on their children while at the beach or water recreation areas.

Its chairman, Tan Sri Lee Lam Thye, said it was the responsibility of adults to ensure the safety of their children as they might not be aware of the risk of accidents or drowning in water recreation areas.

"Drowning does not only happen at the beach, river, lake or waterfall, but also at hotel pools due to lack of surveillance and awareness.

"It is often reported that there



Tan Sri Lee Lam Thye

are parents who let their children play in the water without supervision, which will often result in tragedies.

"Death due to drowning can be avoided if safety precautions are taken by all parties, including parents, by constantly monitoring their children in the water," he

said yesterday.

Lee said it was very unfortunate that drowning still happens, despite various programmes and initiatives introduced by MKAA.

Lee also hoped that schools, with the cooperation of the Fire and Rescue Department, non-governmental organisations, MKAA and Life Saving Society Malaysia, would hold safety and awareness campaigns.

"They (the campaigns) should be held at all schools before the school holidays, along with teaching children how to swim."

Lee also offered his condolences to the family of three young sisters, who were swept away by a huge wave at Pantai Sura Tengah in Dungun on Dec 30.

In the incident, three siblings; Nurain Sufia Zawawi, 8, Nurain Sasabila Zawawi, 6, and Nurain Fatma Zawawi, 10, were swept away by a huge wave at 6.40pm while playing at the water's edge.

The three siblings, who were from Kelantan, had come for a holiday in Dungun with an aunt.

Newspaper Cutting



Headline : Ambil berat soal keselamatan di air
Publication : Utusan Malaysia
Date : 02 Januari 2019
Page : 03

Ambil berat soal keselamatan di air

KUALA LUMPUR 1 Jan. - Kematian akibat lemas boleh dielakkan jika semua pihak mengambil berat mengenai aspek keselamatan ketika menjalankan sebarang aktiviti berkaitan air.

Ahli Majlis Keselamatan Aktiviti Air Negara (MKAAN), Tan Sri Lee Lam Thye berkata, ia harus bermula dengan pematuhan terhadap tanda-tanda amaran yang diletakkan di kawasan air seperti sungai dan pantai.

Kata beliau, golongan dewasa khususnya ibu bapa atau penjaga pula perlu sentiasa berwaspada dengan keselamatan anak-anak jika ingin mengadakan aktiviti riadah di lokasi berkaitan.



LEE LAM THYE

"Jika bendera putih yang dinaikkan menunjukkan keadaan laut selamat untuk berenang dan melakukan aktiviti di dalam air manakala bendera merah merupakan amaran kepada semua untuk menjauhkan diri dari air.

"Kita harus menanam azam tahun baharu ini untuk mencapai sifar lemas atau sekurang-kurangnya mengurangkan jumlah kes setiap tahun," katanya dalam satu kenyataan di sini

hari ini.

Sementara itu, Lam Thye turut mencadangkan supaya pihak sekolah mengadakan kempen kesedaran mengenai bahaya lemas setiap kali musim cuti sebagai langkah mencapai sifar lemas di negara ini.

*Utusan
Malaysia
Cutting*

Headline : 'Teach water safety to children before school break'
Publication : The Star
Date : 02 January 2019
Page : 13N

'Teach water safety to children before school break'

PETALING JAYA: Social activist Tan Sri Lee Lam Thye has expressed regret over the continuous cases of drowning involving children, most recently in Terengganu.

The National Water Activity Safety Council (NWSC) member said it must be made compulsory to educate students on water dangers just before their school break after three sisters drowned off the beach in Dungun.

"There must be more resolve in the New Year by everyone to do more to reduce the cases of drowning deaths.

"All these tragedies were preventable deaths, which must be and can be prevented," he said here yesterday.

Among the proposal, he said, was for students to be taught the dangers of water before the school holidays as this was the period when

most drowning cases involving children would occur.

"It must be compulsory for schools to find the time to educate students on water dangers just before they go on their school break.

"For example, personnel from the Fire and Rescue Department or various non-governmental organisations such as the Life Saving Society can be invited to give talks

on possible water dangers near beaches, rivers, waterfalls and lakes," he said.

Lee also repeated his call to the local authorities to erect warning signs at specific locations to alert the public of possible dangers along bodies of water.

"Although there are long stretches of beach along Terengganu, there are hardly any warning signs," he said.

Lee urged parents to be more attentive to their children whenever near water.

In the incident, Nurain Fatma Zawawi, 10, Nurain Sofia, eight, and Nurain Sasabila, six, from Kampung Peringat in Kelantan, drowned after being swept away by waves when playing on the beach.

They had accompanied an aunt for an outing with several family members.

STAR 13N 2/1/19

Newspaper Cutting



Headline : Tiga pekerja maut terhidu gas beracun
Publication : Berita Harian
Date : 11 Januari 2019
Page : 22



Ketua Polis Daerah Sibu, Asisten Komisioner Stanley Jonathan Ringgit melihat lubang yang dimauki pekerja kimpalan untuk proses penyelenggaraan di atas kapal tunda sebelum maut terhidu gas beracun di Sibu, semalam.

Tiga pekerja maut terhidu gas beracun

Mangsa sukar bernafas ketika selenggara kapal tunda

Oleh Harun Yahya
cnews@nstp.com.my
■ Sibu

Tiga pekerja kimpalan maut dipercayai terhidu gas beracun ketika menjalankan proses baik pulih dalam sebuah kapal tunda, di sini, petang kelmarin.

Pemangku Ketua Zon 4 Bomba dan Penyelamat Sarawak, Wan Kamarudin Wan Ahmad, berkata kejadian berlaku kira-kira jam

6.30 petang di sebuah lombungan kapal persendirian.

"Tujuh pekerja asing yang kebanyakannya dari Bangladesh dan Indonesia sedang melakukan kerja penyelenggaraan dalam badan (perut) kapal tunda berkenaan.

"Mereka tiba-tiba dilaporkan sukar bernafas dan pengiran dipercayai alibat terhidu gas beracun," katanya dalam satu kenyataan, di sini, semalam.

Alat pernafasan dibekal
Ditaharakan, kumpulan pekerja terbabit turut dibekalkan alat barisan pernafasan untuk menjalankan kerja penyelenggaraan, namun tidak dapat dipastikan sama ada kelengkapan itu digunakan atau sebaliknya.

Wan Kamarudin berkata, empat mangsa berjaya di-

keuarkan dan dihantar ke Hospital Sibu untuk menjalani rawatan susulan.

"Anggota bomba menggunakan tali dan alat pernafasan untuk masuk ke dalam ruang kapal itu bagi menyelamatkan tiga lagi pekerja yang pengsan.

"Selepas berjaya dikeluarkan, bantuan pernafasan diberikan kepada ketiga-tiga mangsa, namun dua daripadanya diisahkan meninggal dunia," katanya.

Mangsa yang maut dikenali syahid Hamadhan dan Iman Syah, kedua-duanya warga Indonesia.

Seorang lagi mangsa, Rone Maibor, warga Bangladesh, meninggal dunia di Hospital Sibu, malam kelmarin.

Wan Kamarudin berkata, susulan lanjut sedang dijalankan bagi mengenal pasti punca sembar kejadian.

*Malaysian
Cutting*



Headline	: 3 maut hidu gas beracun
Publication	: Harian Metro
Date	: 11 Januari 2019
Page	: 04

empat

11-01-2019

■ Mangsa terkorban ketika jalankan proses baik pulih dalam sebuah kapal tunda

Harun Yahya
cnews@nstp.com.my



KETUA Polis Daerah SibU, Asisten Komisioner Stanley Jonathon Ringgit (tengah) melihat lubang lokasi pekerja kapal masuk sebelum maut terhidu gas beracun di limbungan kapal di SibU. Gambar kecil, salah seorang mangsa dikejarkan ke Hospital SibU.

Sibu

Tiga pekerja kimpalan maut dipercayai selepas terhidu gas beracun ketika menjalankan proses baik pulih dalam sebuah kapal tunda, petang kelmarin.

Pemangku Ketua Zon 4 Bomba dan Penyelamat Sarawak, Wan Kamarudin Wan Ahmad berkata, kejadian berlaku jam 6.38 petang di sebuah limbungan kapal persendirian.

"Keseluruhannya, tujuh pekerja asing yang kebanyakannya dari Bangladesh dan Indonesia sedang melakukan proses penyelenggaraan dalam badan (perut) kapal tunda berkenaan.

"Bagaimanapun, mereka

3 maut hidu gas beracun

tiba-tiba dilaporkan mengalami kesukaran bernafas sebelum pengsan dipercayai selepas terhidu gas beracun," katanya dalam satu kenyataan, semalam.

Difahamkan, kumpulan pekerja terbahit turut dibekalkan alat bantuan pernafasan untuk menjalankan

kerja penyelenggaraan namun tidak dapat dipastikan sama ada kelengkapan itu digunakan atau sebaliknya.

Katanya, empat daripada mangsa berjaya dikeluarkan pihak majikan mereka dan orang ramai sebelum dihantar ke Hospital SibU untuk menjalani rawatan susulan.

"Anggota bomba menggunakan tali dan alat pernafasan untuk masuk ke dalam ruang kapal itu bagi menyelamatkan tiga lagi pekerja yang pengsan.

"Selepas berjaya dikeluarkan, bantuan pernafasan diberikan kepada ketiga-tiga mangsa, namun dua dari-

padanya disahkan meninggal dunia," katanya.

Mangsa yang maut dikenali sebagai Syahrir Ramadhan dan Irman Syah, kedua-duanya warganegara Indonesia.

Seorang lagi mangsa, Rome Matbor, warganegara Bangladesh meninggal dunia di Hospital SibU malam kelmarin.

Wan Kamaruddin berkata, operasi itu yang dikendalikan 11 anggota dari Balai Bomba dan Penyelamat Sungai Merah ditamatkan jam 7.50 malam kelmarin.

"Siasatan lanjut sedang dijalankan bagi mengenalpasti punca sebenar kejadian," katanya.

The Malaysian Cutting



Headline	: Bangladeshi falls from 20 th floor onto house roof
Publication	: New Straits Times
Date	: 14 January 2019
Page	: 56

SCAFFOLDING COLLAPSE

Bangladeshi falls from 20th floor onto house roof

MELAKA: A foreign worker was killed when he fell from the 20th floor of a building under construction and landed on the roof of a two-storey house here yesterday.

The worker was identified as Mohammad Nasir, 38, from Bangladesh.

Muhammad was working on the 20th floor of a condominium construction site in Jalan Ong Keng Hoon when the incident occurred about 10am.

Homeowner Tan Soo Puay, 55, said she was startled by a loud bang coming from the second floor of the premises.

She said her maid rushed to the room of her elderly mother and was horrified by the sight



155T
56
14/1/19

A Bangladeshi landed on the roof of this house in Melaka yesterday after falling from the 20th floor of a building under construction. PIC BY MUHAMMAD ZUHAIRI ZUBER

of a large hole in the roof, with Muhammad's body resting on a ceiling beam.

"Luckily, my mother was not in the room."

Jalan Kubu Fire and Rescue Station chief Kamarulzaman Md Din said the department received

an emergency alert at 10.27am.

"Upon-arriving at the location, we found the victim stuck on a ceiling beam of the house.

"There was considerable damage to the roof and back of the home.

"The victim was pronounced

dead at the scene," he said, adding that part of the condominium's scaffolding had fallen with Muhammad, suggesting that a collapse had occurred.

Kamarulzaman said the victim's body was handed over to the police.

Newspaper Cutting



Headline : Mayat tersangkut atas bumbung
Publication : Harian Metro
Date : 14 Januari 2019
Page : 07



MAYAT Mohammad Nasir tersangkut di palang bumbung.

Mayat tersangkut atas bumbung

Hal 7
12/1/19

Melaka: "Saya tidak dapat bayangkan jika emak berada dalam bilik ketika lelaki terbabit terjatuh bangun. Mungkin sesuatu yang lebih buruk menimpa emak," kata pemilik rumah, Tan Soo Puay, 55.

Pada kejadian kira-kira jam 10 pagi semalam, bumbung rumah Soo Puay rosak selepas pekerja kontrak warga Bangladesh terjatuh daripada tingkat 20 sebuah kondominium yang dalam pembinaan terletak di belakang kediamannya itu.

Mangsa, Mohammad Nasir, 38, maut di lokasi akibat parah

di badan. Mayat mangsa pula tersangkut di palang siling dalam bilik di tingkat atas kediaman berkenaan.

Menurut Soo Puay, setiap hari sudah menjadi rutin ibunya yang uzur akan berehat di bilik berkenaan namun kebetulan semalam, warga emas itu berada di ruang tamu di aras bawah.

"Saya terkejut sebaik mendengar dentuman sebelum pembantu rumah bergegas naik ke tingkat atas dan menemui mayat tersangkut di palang siling," katanya ditemui di rumahnya.



KEDIAMAN mangsa bersebelahan kondominium yang dalam pembinaan.

Sementara itu, Ketua Balai Bomba dan Penyelamat Jalan Kubu Timbalan Penguasa Bomba Kamarulzaman Md Din berkata, pihaknya menerima panggilan kecemasan jam 10.27 pagi sebelum bergegas ke lokasi.

"Sebaik tiba di lokasi, kami

dapati mangsa sudah meninggal dunia selain terdapat runtuhan berhampiran mayat selain kawasan rumah berkenaan," katanya.

Beliau berkata, mayat mangsa kemudian diserahkan kepada polis untuk tindakan lanjut.

*Malaysian
Cutting*

Headline : Perluas kawasan larangan merokok di pejabat
Publication : Berita Harian
Date : 14 Januari 2019
Page : 18

Perluas kawasan larangan merokok di pejabat

BH 18 14/1/19

➔ Cadangan perlu dibincang dengan majikan galak gaya hidup sihat pekerja

Oleh Fahmy A Rosli dan Syalikhha Sazili
 bhnews@bh.com.my

► Putrajaya

Kementerian Kesihatan patut memperluaskan kawasan larangan merokok di pejabat, khususnya di tempat tertutup.

Pengerusi Institut Keselamatan dan Kesihatan Pekerjaan Negara (NIOSH), Tan Sri Lee Lam Thye, berkata cadangan itu perlu dibincang dengan majikan sebagai galakan gaya hidup sihat dalam kalangan pekerja.

"Kita memberi kebebasan kepada perokok untuk merokok, tetapi perlu ada had kawasan. Saya dapati ramai pekerja yang menggunakan tandas pejabat untuk merokok, sekali gus memberi kesan kepada bukan perokok yang menggunakan ke-

mudahan sama.

"Justeru, majikan perlu menyediakan tempat khas supaya orang lain tidak terjejas," katanya selepas larian My Jantungku 2019, di sini, semalam.

Lebih 2,000 peserta menyertai program anjuran Pertubuhan Pengamal Keselamatan dan Kesihatan Pekerjaan Malaysia (MOSHPA).

Yang turut hadir, Presiden MOSHPA, Datuk Dr Kanagaraja Raman dan Timbalan Ketua Pengarah (Keselamatan Pekerjaan) Jabatan Keselamatan dan Kesihatan Pekerjaan Malaysia, Zaillee Dollah.

Dalam program berasingan di **Kuala Lumpur**, Lam Thye yang juga Pengerusi Yayasan Eco World meraikan 52 pelajar cemerlang Ujian Pencapaian Sekolah Rendah (UPSR) dan Pentasiran Tingkatan Tiga (PT3) 2018.

iktiraf pelajar

Melalui majlis itu, beliau berkata, Yayasan Eco World mengiktiraf pelajar yang memperoleh pencapaian tertinggi melalui Program Bantuan Pelajar bagi memberi motivasi kepada mereka untuk terus belajar sehingga ke menara gading.

Katanya, matlamat yayasan itu untuk melihat pelajar daripada golongan yang kurang



Kita memberi kebebasan kepada perokok untuk merokok, tetapi perlu ada had kawasan. Justeru, majikan perlu menyediakan tempat khas supaya orang lain tidak terjejas"

Lee Lam Thye, Pengerusi NIOSH

bernasib baik tanpa mengira agama dan bangsa, mendapat akses pendidikan tertinggi.

Pendidikan amat penting

"Pendidikan bidang amat penting. Tanpa pendidikan, ia boleh dikatakan tidak sempurna, tidak boleh bergerak ke hadapan dan mencapai apa yang dikehendaki," katanya.

Seramai 45 murid cemerlang UPSR menerima wang tunai antara RM100 hingga RM200 dan kamus serta buku motivasi, manakala pelajar cemerlang PT3 menerima antara RM250 hingga RM500 serta hadiah iringan.

Lapan guru yang mewakili empat zon iaitu empat dari Selangor, manakala Kuala Lumpur dan Pahang masing-masing diwakili dua guru pula menerima Anugerah Guru Khas.

Anugerah khas itu mengiktiraf usaha berterusan guru yang mendidik pelajar sehingga meraih keputusan cemerlang.

Selain itu, Sekolah Kebangsaan Ahmad yang terletak di Pekan, Pahang dinobatkan Anugerah Sekolah Terbaik dan membawa pulang hadiah wang tunai sebanyak RM10,000.

Sekolah Jenis Kebangsaan Cina Sin Ming, Semenyih, Selangor menerima Anugerah Yayasan Eco World yang membawa pulang wang tunai RM8,000.

Masyarakat Berbudaya