

NIOSH UPDATES

Issue 24, Volume 11, 2018

1 Tips healthy *eyes* at work



1 Tips healthy *eyes* at work

How often do you go for an eye check? How well do you take care of the windows of your soul?

Good vision is a prerequisite for most occupations. As we spend most of our time in workplaces, extra care has to be taken for our eyes.

Here are 10 tips on how we can take care of our eyes at works:

Tip 1

HAVE A YEARLY COMPREHENSIVE EYE EXAM BY AN OPTOMETRIST

Many eye diseases do not have warning signs like pain or blur vision in the early stages, therefore one has to go for a yearly comprehensive eye examination by an optometrist.



Tip 2

GET OPTIMUM VISION BY CORRECTING REFRACTIVE ERRORS WITH SPECTACLES, CONTACT LENSES OR REFRACTIVE SURGERY.

Choose good quality spectacle lenses. The latest spectacle lens technology relaxes your eyes and protects them from harmful rays.



1 Tips healthy *eyes* at work

Tip 3

ARRANGE YOUR WORKPLACE

Arrange your workplace so that there is minimum glare to your eyes. Position your computer screen at arm's length and the centre of the screen should be 15 degrees below eye-level.



Tip 4

GIVE YOUR EYES A REST BY FOLLOWING THE 20/20/20 RULE

It is good for our eyes to have a break, so for every 20 minutes, look 20 feet (6m) away for 20 seconds.

20 min

20 feet

20 second

1 Tips healthy *eyes* at work

Tip 5

WHEN YOU WEAR CONTACT LENSES AT WORK

Regular aftercare visits to the optometrist are needed to ensure that the eyes remain healthy and vision is clear.



Tip 6

WEAR SUNGLASSES

Sunglasses make vision more comfortable and protects the eyes from UV light. So love your eyes by protecting them with a good pair of sunglasses.





Tips healthy *eyes* at work

Tip 7

WEAR PROTECTIVE EYEWEAR

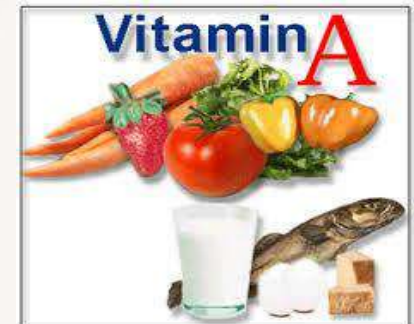
Put on protective eyewear if you work in factories, quarries and construction sites, as these work environments may pose a danger to the eyes.



Tip 8

EAT FOR YOUR EYES

Take more vitamin A, C and E, plus lutein and omega-3 fatty acids, which are important for healthy eyes and reducing the risk of eye disease.



1 Tips healthy *eyes* at work

Tip 9

STOP SMOKING

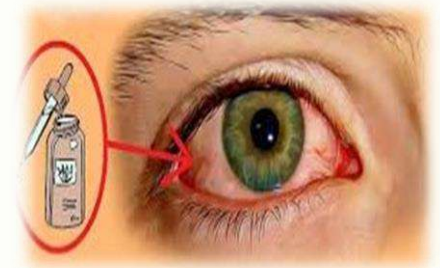
Smoking increases the risk of cataract and age-related muscular degeneration and optic nerve damage.



Tip 10

PREVENT DRY EYES

Place a humidifier in an air-conditioned environment, practise blinking more, and if necessary, use artificial tears.





Tips healthy *eyes* at work

WHO ARE OPTOMETRISTS?

Optometrists are primary eye-care providers as they correct refractive error, conduct eye health screening, supply protection for the eyes from harmful lights, physical and chemical injuries, as well as giving practical advice on how to care for your eyes. They work closely with ophthalmologists, who medically treat eye disease, implement laser therapy and perform surgery when needed.

Hazardous Chemicals: Safety Management and Global Regulations. 1st Edition, Kindle Edition

T.S.S. Dikshith (Author)

An easily accessible guide to scientific information, **Hazardous Chemicals: Safety Management and Global Regulations** covers proper management, precautions, and related global regulations on the safety management of chemical substances. The book helps workers and safety personnel prevent and minimize the consequences of catastrophic releases of toxic, reactive, flammable, or explosive chemical substances, which often result in toxic or explosive hazards. It also details safety measures for transportation of chemical substances by different routes, such as by road, rail, air, and sea.

Discusses different aspects of potentially toxic and hazardous chemicals in simple and comprehensive language

Provides toxicity and health effects of chemicals in simple, nontechnical language

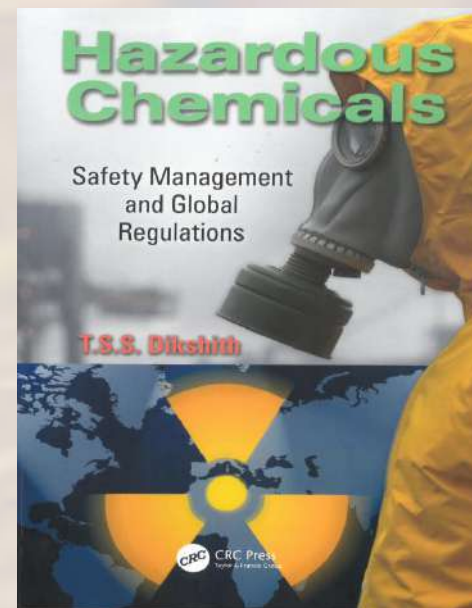
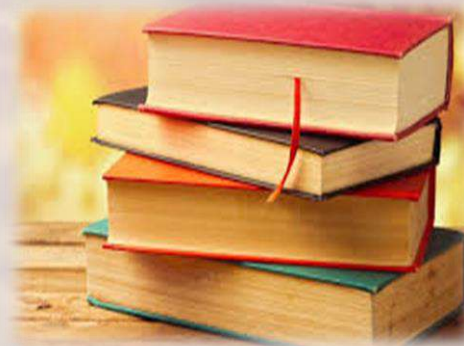
Covers scientific information on hazardous and potentially dangerous chemical substances at workplaces

Offers fundamental knowledge about the biological and health effects of hazardous and potentially toxic chemicals in a comprehensive way

Includes recent developments on safety management of hazardous and potentially toxic chemicals and related global regulations

The author discusses the importance of knowledge in avoiding negligence during the use and handling of hazardous chemical substances. He stresses the importance of proper management and judicious application of each chemical substance irrespective of the workplace and eventually shows how safety and protection of the user, workplace, and the living environment can be achieved.

BOOK REVIEW



Hazardous Chemicals: Safety Management and Global Regulations. 1st Edition, Kindle Edition

T.S.S. Dikshith (Author)

Editorial Reviews

Review

"This book is mainly a listing of the hazardous properties and commercial uses for several hundred common chemicals. ... the format appears to be quite useful ... information is presented as readily understandable blocks of text, rather than just numeric values. ... Summing Up: Recommended."

—H E. Pence, emeritus, SUNY College at Oneonta, *CHOICE*, February 2014

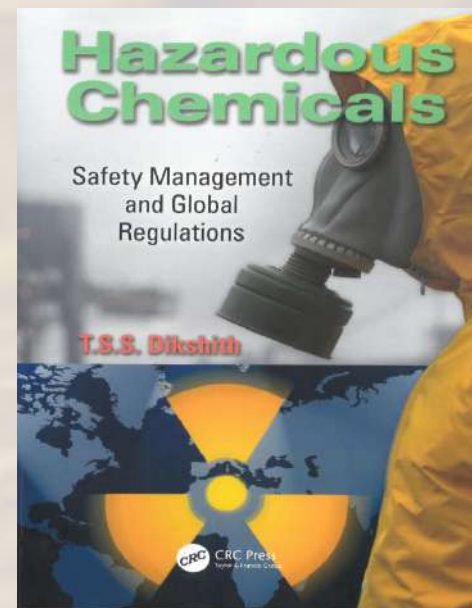
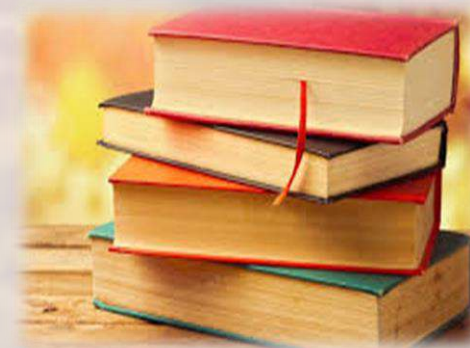
"The power of this book is the consistent summary of the hazards and advice on reducing exposures to a wide range of chemicals. ... Students, chemical safety officials, and industrial hygiene professionals will find this book extremely useful. Dr. Dikshith has patiently distilled the critical health and safety information on hundreds of chemicals found in the workplace. Dr. Dikshith has met the challenge of assembling chemical health and safety information that is too often scattered across multiple sources into a practical volume that many will find helpful."

—Steven Gilbert, INND & Affiliate Professor University of Washington

About the Author

Turuvekere Subrahmanya Shanmukha Dikshith, PhD, was responsible for the establishment of the Pesticide Toxicology Laboratory at Industrial Toxicology Research Centre, Council of Scientific and Industrial Research (CSIR), Government of India, Lucknow, India. He was director of the Toxicology Research Laboratory, VIMTA Labs Ltd., Hyderabad, India. He also worked as a consultant, Pharmacology Division, Indian Institute of Chemical Technology (IICT), Hyderabad, India. Dr. Dikshith served on the committees and expert panels constituted by different ministries of the Government of India. As an expert committee member, he also served the Central Insecticides Board (CIB), Directorate of Plant Protection, Quarantine and Storage, Ministry of Agriculture, Government of India, India. He is a member of the World Health Organization Task Group on Environmental Health Criteria Documents and the International Program on Chemical Safety. Dr. Dikshith is the technical specialist for Standards Australia Quality Assurance Services (SAQAS), Australia, and Lloyd Register Quality Assurance Ltd. (LRQA), London, for the quality management of the laboratory and good laboratory practice. He is also the recipient of the Chandra Kanta Dandiya prize in pharmacology.

BOOK REVIEW



Hazardous Chemicals: Safety Management and Global Regulations. 1st Edition, Kindle Edition

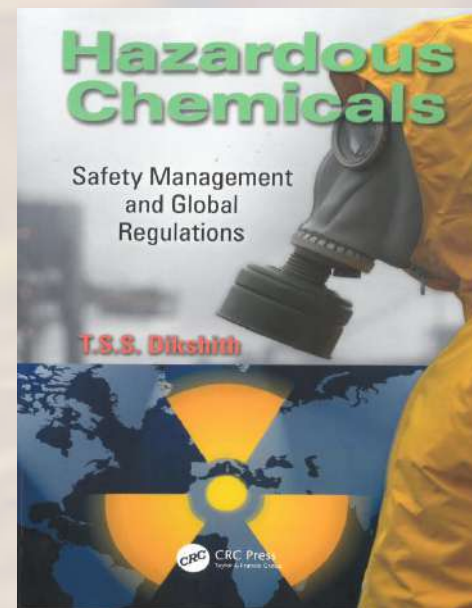
T.S.S. Dikshith (Author)

As a fellow of the World Health Organization, Dr. Dikshith has worked at the Institute of Comparative and Human Toxicology, Albany Medical College, Albany, New York, and also at the International Center of Environmental Safety, Holloman, New Mexico. He has worked in several laboratories in France, Germany, and Canada. Dr. Dikshith has edited *Toxicology of Pesticides in Animals* published by CRC Press, Boca Raton, Florida, and has authored a book chapter published by Plenum Press, New York. He has also authored several other books, including *Safety Evaluation of Environmental Chemicals* published by New Age International Publishers, India; *Industrial Guide to Chemical and Drug Safety* published by John Wiley & Sons, Inc., Hoboken, New Jersey; and *Safe Use of Chemicals: A Practical Guide and Handbook of Chemicals and Safety* published by CRC Press, Boca Raton, Florida.

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BOOK REVIEW



**Book for reference only : More details of this book, please refer NIOSH Library and to browse list of collection please visit:
<http://www.niosh.com.my>

Newspaper Cutting



Headline : NIOSH antara organisasi terbesar dunia
Publication : Berita Harian
Date : 16 December 2018
Page : 17



Jumlah keahlian yang bertambah dari semasa ke semasa, perlihatkan tahap kesedaran mengenai keselamatan dan kesihatan dalam sektor pekerjaan semakin meningkat”

Lee Lam Thye,
Pengerusi NIOSH

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NIOSH antara organisasi terbesar dunia

Bintulu: Institut Keselamatan dan Kesihatan Pekerjaan Negara (NIOSH) muncul antara organisasi kesihatan dan keselamatan profesional terbesar di dunia dengan memiliki 47,000 keahlian di 130 negara.

Pengerusi NIOSH, Tan Sri Lee Lam Thye, berkata dengan jumlah keahlian yang bertambah dari semasa ke semasa, ia memperlihatkan tahap kesedaran mengenai keselamatan dan kesihatan dalam sektor pekerjaan semakin meningkat.

“NIOSH komited membantu meningkatkan tahap keselamatan dan kesihatan pekerjaan di negara ini melalui kerjasama dengan organisasi tempatan dan luar negara,” katanya ketika menghadiri Majlis Penghargaan NIOSH Sarawak 2018, di sini, kelmarin.

Lam Thye berkata, kerjasama itu akan membantu NIOSH merealisasikan matlamatnya menjadi pusat kecemerlangan kesihatan dan keselamatan pekerjaan yang pasti memberi manfaat kepada Sarawak.

“NIOSH turut menandatangani memorandum kerjasama (MoC) dengan Institut Keselamatan dan Kesihatan Pekerjaan (IOSH) yang berpangkalan di United Kingdom pada Persidangan Tahunan Organisasi Keselamatan dan Kesihatan Pekerjaan Asia Pasifik Ke-33 (APOSHO 33) di Hong Kong baru-baru ini.

“Melalui MoC itu, kedua-dua pihak bersetuju meningkatkan profesionalisme dan berkongsi pengetahuan mengenai amalan terbaik, selain isu berkaitan, termasuk kemalangan dalam perjalanan serta bekerja di tempat tinggi dan ruang tertutup,” katanya.

Headline : 25,000 terima latihan NIOSH di Pantai Timur
Publication : Berita Harian
Date : 19 December 2018
Page : 44

25,000 terima latihan NIOSH di Pantai Timur

BH
44
19/12/18

Chukai: Institut Keselamatan dan Kesihatan Pekerjaan Negara (NIOSH) sudah melatih 25,000 individu dalam aspek keselamatan dan kesihatan pekerjaan di Pantai Timur sepanjang tahun ini.

Pengerusi NIOSH, Tan Sri Lee Lam Thye, berkata kesemua pelatih terbabit menjalani latihan di dua pusat pengajian di Gebeng Kuantan serta di Kerteh.

Katanya, Institut NIOSH di Kerteh bernilai RM4.6 juta dan mula beroperasi sejak Januari tahun ini dijangka dapat menambah pengambilan pelatih melebihi 5,000 individu setahun.

"Institut itu juga menawarkan perkhidmatan perundingan untuk membantu industri memenuhi tanggungjawab mereka seperti yang ditetapkan di bawah OSHA 1994 dan Akta Kilang dan Jentera 1967.

"Ini menunjukkan komitmen kami untuk menjadikan NIOSH sebagai Pusat Kecemerlangan untuk industri minyak dan gas negara," katanya pada Majlis Makan Malam Penghargaan NIOSH Pejabat Wilayah Pantai Timur (ECRO) di



Semua pelatih terbabit menjalani latihan di dua pusat pengajian di Gebeng Kuantan serta di Kerteh"

Lee Lam Thye,
Pengerusi NIOSH

Awana Kijal Golf Resort, kelmarin.

Pada majlis itu, Pengerusi NIOSH Wilayah Pantai Timur, Hisyamuddin Mohamad menyampaikan penghargaan kepada Lam Thye sempena 25 tahun menjadi Pengerusi NIOSH.

Lam Thye berkata, bagi wilayah Pantai Timur, NIOSH menjangkakan peningkatan berterusan untuk latihan apabila kluster minyak, gas dan petrokimia kembali pulih.

"Kluster itu merangkumi Kompleks Petrokimia Bersepadu Kertih (KIPC) dan Kompleks Petrokimia Bersepadu Gebeng (GIPC).

Permintaan meningkat

"Fokus KIPC adalah industri berkaitan petrokimia berasaskan etilena, manakala GIPC memberi tumpuan terhadap petrokimia berasaskan polipropilena, biomasa minyak sawit dan makanan ternakan berasaskan kelapa sawit," katanya.

Katanya, permintaan untuk kursus keselamatan dan kesihatan pekerjaan juga akan meningkat apabila Taman Biopolimer Kertih dan Taman Bio Bersepadu Kuantan berkembang.

"Selain industri petroleum, NIOSH juga bersedia menyediakan kepakaran dan latihan untuk bidang baharu termasuk syarikat utiliti dan industri minyak kelapa sawit," katanya.

Malaysia
Cutting



Headline : Dua akta perlu dipinda: PERKESO
Publication : Berita Harian
Date : 18 December 2018
Page : 08

**CADANGAN PEMOTONGAN
20 PERATUS GAJI PEKERJA ASING**

Dua akta perlu dipinda: PERKESO

Kuala Lumpur: Dua akta perlu dipinda jika kerajaan mahu melaksanakan cadangan pemotongan 20 peratus gaji pokok pekerja asing.

Timbalan Ketua Eksekutif (Korporat) Pertubuhan Keselamatan Sosial (PERKESO), Datin Azlaili Abd Rahman, berkata undang-undang yang perlu dipinda adalah Akta Keselamatan Sosial Pekerja 1969 (Akta 4) dan Akta Kerja 1955 (Akta 205).

Katanya, kedua-dua akta itu perlu dipinda bagi memberi kuasa kepada PERKESO untuk menahan gaji pekerja asing seperti yang dicadangkan, khusus untuk mengatasi isu pekerja asing melarikan diri daripada majikan.

"Kita tidak boleh tahan gaji pekerja asing. Apabila kuasa diberikan oleh Parlimen kepada kita, barulah PERKESO boleh menahan gaji pekerja asing sebanyak 20 peratus, yang akan disertakan faedah."

"Bagaimanapun, perkara ini masih di peringkat cadangan dan hendaklah dibincangkan dalam jawatankuasa teknikal bersama pelbagai pihak, termasuklah negara yang membekalkan tenaga buruh ke Malaysia," katanya.

Beliau berkata demikian pada sidang media Majlis Pelancaran Program Televisyen Bangkit #PERKESOPrihatin, di sini, semalam.

Turut hadir, Ketua Pejabat Sistem Insurans Pekerjaan (SIP), Datuk Mohd Sahar Dariusman dan Pengarah Urusan Mache Allstar United Sdn Bhd, Arifull Ahmadi Ab Rahman.

Tinggalkan negara

Kelmarin, Menteri Sumber Manusia, M Kulasegaran, dilaporkan berkata, satu jawatankuasa teknikal akan meneliti secara holistik cadangan pemotongan 20 peratus gaji pokok pekerja asing kepada PERKESO, yang boleh dituntut semula apabila mereka meninggalkan negara ini.

Pada 21 November lalu, Kulasegaran juga dilaporkan berkata, Kabinet memutuskan pekerja asing dan majikan mereka perlu merucarum dengan PERKESO bermula 1 Januari depan.

Mengulas lanjut, Azlaili yang juga sebahagian daripada anggota jawatankuasa teknikal itu berkata, kerajaan perlu mengadakan memorandum persefahaman (MoU) bersama negara pembekal tenaga buruh untuk melaksanakan cadangan itu.

Katanya, cadangan itu diusulkan kerana pihaknya menerima jumlah aduan yang tinggi daripada majikan mengenai pekerja asing yang kerap melarikan diri dan bekerja dengan majikan lain.

"Apabila pekerja asing ini berdaftar dengan PERKESO (untuk potongan gaji 20 peratus), kita akan dapat mengesan jika mereka lari daripada majikan asal kerana mereka juga terpaksa menycarum dengan PERKESO."

"Cadangan potongan gaji ini juga bukan baharu kerana ia sudah dilaksanakan di Korea Selatan dan mereka berjaya mengawal pekerja asing daripada melarikan diri," katanya.

Headline : Socso: Foreign workers' pay deduction plan need legislative amendments
Publication : New Straits Times
Date : 18 December 2018
Page : 11

PREREQUISITE

NST 11 18/12/18

Socso: Foreign workers' pay deduction plan needs legislative amendments

KUALA LUMPUR: If a proposal on deducting 20 per cent of foreign workers' basic salary is to be implemented, amendments to two existing Acts – the Employees Social Security Act 1969 (Act 4) and the Employment Act 1955 (Act 265) – are required.

"Socso has no right to withhold salaries, therefore, only by amending Act 4 and Act 265 would (we are able) to do as pro-

posed," said Social Security Organisation (Socso) deputy chief executive (corporate) Datin Azlaily Abd Rahman.

"The proposal is being scrutinised by the National Labour Advisory Council's technical committee, which is exploring how it can be implemented," she said after the launch of the TV programme *Bangkit #Perkesoprihatin* here yesterday.

Azlaily added that the proposal had been implemented in countries such as Japan and South Korea.

Yesterday, Human Resources Minister M. Kulasegaran said the committee would revert to the ministry with its conclusion on the proposal on Jan 29.

He said the aim of the proposal was to ensure that there would be substantial savings for foreign

workers before they returned to their respective countries.

Kulasegaran said the proposal would also protect foreign workers, as well as prevent them from fleeing before they completed their contracts.

On *Bangkit #Perkesoprihatin*, Azlaily said the programme's 13 episodes would feature Socso's Return To Work (RTW) programme, which has helped many

contributors get back on their feet after suffering illness or injury.

"The series will narrate how RTW participants overcome their setbacks. Viewers will get to see Socso's state-of-the-art Tun Abdul Razak Rehabilitation Centre in Ayer Keroh, Melaka."

The first episode of *Bangkit #Perkesoprihatin* will be aired at 9pm, Dec 21 on Astro Ria.

Newspaper Cutting



Headline : Pengusaha pelancongan masih rendah aspek KKP – Lam Thye
Publication : Utusan Malaysia
Date : 18 December 2018
Page : 20

Pengusaha pelancongan masih rendah aspek KKP – Lam Thye

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18/12/18

KEMAMAN 17 Dis. - Ramai dalam kalangan pengusaha pelancongan di negara ini didapati masih tidak mempunyai pengetahuan dan kemahiran mencukupi mengenai aspek Keselamatan dan Kesihatan Pekerjaan (KKP).

Pengerusi Institut Keselamatan dan Kesihatan Pekerjaan Negara (NIOSH), Tan Sri Lee Lam Thye berkata, berdasarkan maklum balas yang diperoleh pihaknya, amalan KKP pengusaha pelancongan berada pada tahap minimum.

Tambah beliau, banyak perlu dilakukan bagi meningkatkan kesedaran mereka dari segi pengetahuan asas keselamatan

seperti penggunaan jaket keselamatan dan peranti pengapungan peribadi (PFD).

“Lebih mendukacitakan apabila pihak majikan menganggap aspek KKP ini sebagai isu remeh-temeh dan tidak bersungguh-sungguh untuk menjadikannya sebagai amalan di organisasi masing-masing.

“Amat malang apabila ada antara pihak pengurusan atasan yang menyatakan bahawa jurupandu mereka masih sihat dan selamat walaupun tidak mengikut sebarang program KKP berkaitan,”

katanya ketika merasmikan Seminar KKP dalam Sektor Pelancongan di Ibu pejabat NIOSH Wilayah Timur, di sini hari ini.



LEE LAM THYE

Yang turut hadir, Pengurus Jabatan Pemasaran dan Perniagaan NIOSH, Mohd. Husin Abd. Salam dan Pengurus NIOSH Wilayah Pantai Timur, Hisyamuddin Mohamad.

Beliau turut mencadangkan agensi terlibat melakukan audit keselamatan menyeluruh ke atas semua kemudahan berkaitan.

Headline : Tiga melecur kena renjatan
Publication : Harian Metro
Date : 20 December 2018
Page : 03

HARIAN METRO



Shahful Shahrin Ahmad Pauzi
 cnews@nstp.com.my

Tiga melecur kena renjatan

Taiping

Tiga pekerja subkontraktor Tenaga Nasional Berhad (TNB) melecur akibat terkena renjatan elektrik ketika menjalankan kerja pembaikan kabel di hadapan sebuah kilang di Jalan Perusahaan Tiga Kamunting di sini, pagi semalam.

Mangsa, Muhamad Syawal Che Rose, 30, melecur 50 peratus pada tubuhnya manakala dua lagi rakan sekerja, G Muniandy, 39, dan Ahmad Nor Fitri Saidin, 21,

■ **Kejadian berlaku ketika jengkaut korek lubang terkena kabel hidup**

masing-masing melecur 20 dan 10 peratus.

Akibat letupan itu, tiga mangsa di lokasi terkena renjatan elektrik dan cedera.

Ketua Operasi Balai Bomba dan Penyelamat Kamunting, Penolong Penguasa Bomba Muhamad Yassir Adnan, berkata, pihaknya menerima laporan jam 11 pagi

dan bergegas ke lokasi kejadian bersama enam anggota termasuk seorang pegawai.

Katanya, ketiga-tiga mangsa yang cedera dan melecur diberi rawatan awal sebelum dihantar ke Hospital Taiping.

Ketua Polis Daerah Taiping, Asisten Komisioner Mohamad Taib berkata, ke-

jadiannya dipercayai berlaku jam 10 pagi ketika 12 pekerja dari sebuah syarikat yang dilantik TNB menjalankan kerja mengorek lubang menggunakan dua jengkaut di hadapan kilang Mafipro Kamunting.

Menurutnya, ketika men-

FAKTA
 Tiga mangsa terkena renjatan elektrik dan cedera



MANGSA yang melecur diberikan rawatan awal di lokasi kejadian.

jalankan kerja mengorek tanah, jengkaut yang digunakan terkena kabel TNB menyebabkan tiga mangsa berada berhampiran terkena percikan api.

"Difahamkan, pihak kon-

traktor tidak mengetahui kedudukan kabel hidup itu kerana tiada sebarang tanda amaran di sekitar kawasan itu.

"Akibat kejadian itu, ketiga-tiganya melecur dan telah dibawa ke Hospital Taiping untuk rawatan lanjut," katanya.

setempat 3

Newspaper Cutting

Headline : **Audit menyeluruh keselamatan taman permainan awam**
Publication : Berita Harian
Date : 24 December 2018
Page : 18

Audit menyeluruh keselamatan taman permainan awam

BH 18 24/12/18

Kuala Lumpur: Audit keselamatan di taman permainan awam di seluruh negara perlu dilakukan secara menyeluruh oleh pihak berkuasa tempatan (PBT) dengan kerjasama agensi dan pakar, termasuk Inspektor Keselamatan Taman Permainan Bertauliah (CPSI).

Langkah itu perlu berikutan peralatan permainan yang disediakan taman permainan untuk aktiviti rekreasi, boleh menjadi tempat berbahaya apabila aspek keselamatan terabai.

Pengerusi Institut Keselamatan dan Kesihatan Pekerjaan Negara (NIOSH), Tan Sri Lee Lam Thye, berkata 78 peratus kecederaan kanak-kanak di taman permainan disebabkan terjatuh akibat keadaan taman permainan yang tidak sempurna.

“Penyangkut berkarat, pemegang tangan dan tempat berpijak hilang serta laluan pejalan kaki pecah dan berlubang antara masalah yang wujud di taman permainan awam di Malaysia.

“Ia berlaku disebabkan permukaan atau lantai di kawasan permainan yang tidak rata, rosak, busuk, berkulat, haus atau lekang

yang tidak diperbaiki langsung. “Sebenarnya, permukaan taman permainan yang baik boleh membantu menyerap hentakan, sebaliknya jika ia rosak menjadi penyebab kepada luka kepada mangsa khususnya kanak-kanak,” katanya dalam kenyataan, semalam.

Insiden tarik perhatian ramai

Pada 24 November lalu, seorang remaja perempuan berusia 15 tahun meninggal dunia akibat tersepit pada buaian yang dikhaskan untuk golongan kurang upaya di taman permainan di Kepong, Selangor.

Insiden berkenaan menarik perhatian masyarakat yang mahukan aspek keselamatan ditingkatkan di semua taman permainan awam bagi mengelak berlakunya kemalangan sedemikian.

Kajian dibuat Persatuan Keselamatan Taman Permainan Malaysia (PSAM) ke atas 40 taman permainan awam di Selangor, Kuala Lumpur dan Negeri Sembilan pada 2017 menunjukkan kira-kira 75.6 peratus taman permainan awam dalam keadaan kurang memuaskan dengan 50 peratus peralatannya berkarat dan membahayakan.

NewsPaper Cutting

Headline : 'Niosh has trained 25,000 people in East Coast'
Publication : New Straits Times
Date : 20 December 2018
Page : 72

'Niosh has trained 25,000 people in East Coast'

CHUKAI: The National Institute of Occupational Safety and Health (Niosh) has trained 25,000 individuals in the East Coast on occupational safety and health this year.

Its chairman, Tan Sri Lee Lam Thye, said the individuals underwent training at two centres in Gebeng, Kuantan, and Kerteh.

He said the Niosh Institute in Kerteh, built at a cost of RM4.6 million and in operation since Jan, could handle an intake of more than 5,000 people annually in the East Coast.

"The institute provides consultation services to help industries fulfil their responsibilities as required under OSHA 1994 and the Factories and Machinery Act 1967.

"This underscores our commitment to make Niosh a centre of excellence for the nation's oil and gas industry," he said at a Niosh East Coast Region Office appreciation dinner at the Awana Kijal Golf Resort recently.

At the event, Niosh East Coast Region chairman Hisyamuddin Mohamad presented a token of appreciation to Lee in conjunction with his 25-year service as Niosh chairman.

Lee said, for the East Coast region, Niosh was expecting a con-



National Institute of Occupational Safety and Health chairman Tan Sri Lee Lam Thye (left) showing a 'New Straits Times' column on tourists' safety at a press conference in Chukai. PIC BY ROSLI ILHAM

tinuous increase in training when the oil, gas and petrochemical cluster improved.

The cluster encompassed the Kertih Integrated Petrochemical Complex (KIPC) and Gebeng Integrated Petrochemical Complex (GIPC).

"KIPC's focus is on the ethylene-based petrochemical industry while GIPC is focused on polypropylene-based petrochemicals, palm oil biomass and palm oil-based livestock feed."

He said the demand for occu-

pational safety and health courses would increase when the Kertih Biopolymer Park and Kuantan Integrated Biopark expanded.

"Apart from the petroleum industry, Niosh offers expertise and training for new fields, including for utility companies, as well as the palm oil industry.

"Niosh is ready to offer its services for the Malaysia-China Kuantan Industrial Park (MCK-IP), Tok Bali Supply Base, Kemaman Supply Base and the Kuantan Port," he said.

Headline : Resah tergantung 2 jam
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Page : 04

Resah tergantung 2 jam

■ Anggota bomba selamat pekerja tersangkut di tingkat 33 cerita pengalaman

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"Ketika turun dari atas bumbung hotel, perkara pertama yang saya lakukan adalah menenangkan mangsa disebabkan dia sudah tergantung hampir dua jam." ujar pegawai Bomba, Mohd Syakir Shaahuddin.

Mohd Syakir adalah anggota Bomba dari Pasukan Khas Taktikal Operasi Penyelamat Malaysia (STORM) Kuala Lumpur yang menyelamatkan dua pekerja pencuci bangunan selepas gondola yang digunakan untuk mencuci sebuah hotel di Persiaran KLCC, di sini, rosak, seterusnya menyebabkan seorang daripada mereka tergantung di tingkat 33 hotel itu.

Katanya, dia yang sudah berkhidmat selama 12 tahun bersama pasukan penyelamat mengambil keputusan turun ke tingkat 33 menggunakan tali dari atas bumbung hotel.

"Pada ketika itu saya lihat keadaan salah seorang mangsa dalam keadaan tidak tenang dan gelisah.

"Saya kemudian menenangkan mangsa yang mungkin bimbang keselamatannya," katanya.

Mohd Syakir berkata, tugas penyelamat dari ketinggian itu adalah pertama kali dilakukannya.

"Bersandarkan ilmu menyelamat dan latihan sejak menyertai pasukan bomba,



kami berjaya menyelamatkan mangsa," katanya.

Kelmarin, dua pekerja pencuci bangunan berdepan detik mencemaskan apabila gondola yang digunakan untuk mencuci sebuah hotel di Persiaran KLCC rosak seterusnya menyebabkan seorang daripada mereka tergantung di tingkat 33 hotel itu sekitar jam 9 pagi.

Pusat Gerakan Operasi Jabatan Bomba dan Penyelamat Kuala Lumpur menerusi kenyataan berkata, sepasukan anggota dari Balai Bomba dan Penyelamat (BBP) Jalan Tun Razak dengan kekuatan lima anggota dikejarkan ke lokasi sebaik menerima panggilan pada jam 10.57 pagi.

Pasukan bantuan dari BBP Hang Tuah dengan kekuatan lapan anggota bersama satu unit jentera *Aerial Ladder Platform* (ALP) turut diarahkan ke lokasi.

Gondola itu mengalami masalah teknikal ketika kerja mencuci bangunan.

Pasukan bomba melakukan penyelamatan dengan menggunakan kaedah *ascending* iaitu menaikkan mangsa pertama ke tingkat 34 yang mempunyai ruang akses.



Mohd Syakir berjaya menyelamatkan mangsa tergantung di ketinggian lebih 100 meter.

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